

## CURRICULUM VITAE

**Norma G. Cuellar PhD, RN, FAAN**

### **BUSINESS ADDRESS**

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### **HOME ADDRESS**

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### **EDUCATION**

- B.A. 2020      University of Alabama, Bachelor of Arts in Spanish, Tuscaloosa, AL
- PhD 2013      Conversion of DSN to PhD by the University of Alabama at Birmingham
- DSN 1997      University of Alabama at Birmingham, Doctorate of Science in Nursing, Birmingham, AL  
Emphasis: Adult Health Nursing/Education
- MN 1988      Louisiana State University Medical Center, Master of Nursing, New Orleans, LA  
Emphasis: Adult Health Nursing/Staff Development
- BSN 1983      University of Southern Mississippi, Bachelor of Science in Nursing, Hattiesburg, MS

### **POST-GRADUATE TRAINING & FELLOWSHIP APPOINTMENTS**

- 2002-2003      Post-Doctoral, University of Virginia, School of Nursing, Charlottesville, VA  
NIH Center for the Study of Complementary and Alternative Therapies  
(T32), Charlottesville, VA  
Emphasis: Complementary and Alternative Therapies
- 2007 – 2010      Leonard Davis Institute of Health Economics, Senior Fellow, University of  
Pennsylvania.
- 2003 – 2010      Fellow, Institute on Aging, University of PA, Philadelphia, PA
- July 2004      Geriatric Nursing Research Scholar/Fellow. John A. Hartford Institute for Geriatric  
Nursing. Hartford Institute/AJN, New York University.

## **PROFESSIONAL EXPERIENCE: ACADEMIC POSITIONS**

Jan 2010-present Professor, The University of AL, Capstone College of Nursing

Jan 2010-present Adjunct Faculty, University of PA, School of Nursing

Aug 2003-Dec 2009 Assistant Professor, University of PA, School of Nursing

Aug 1994-Jul 2003 Assistant Professor, University of Southern MS, College of Nursing, Hattiesburg, MS

1998 – 2001 Assistant Dean, Undergraduate Program  
1995 – 1998 Coordinator RN to BSN Program

Jan 1993-Jul 1994 Faculty Assistant, University of Alabama at Birmingham, Birmingham, Alabama

Jan 1989 – Dec 1992 Instructor, Baton Rouge General Medical Center School of Nursing, Baton Rouge, LA

## **PROFESSIONAL EXPERIENCE: CLINICAL AND ADMINISTRATIVE POSITIONS**

2003-2009 General Health Care Resources, Philadelphia, PA, Independent Contractor, prn Long Term Care and Incarceration Nursing

2003 – 2006 Pennsylvania Institutional Correctional Center, Philadelphia, PA

1997 - 1999, 2001 Forrest General Hospital, Coronary Care Unit, prn Hattiesburg, MS

1994 - 1996 Methodist Hospital, Hattiesburg, MS, Intensive Care Unit, PRN

1993 - 1994 Alacare Home Health Agency, Birmingham, AL, Supervisor, Charge nurse on weekends, home visits

1984 - 1992 Baton Rouge General Medical Center, Baton Rouge, Louisiana  
Critical Care Nurse January 1984-July 1986  
Team Leader General Medicine, July 1986-April 1987  
Coronary Care Unit, Charge Nurse, April 1987-December 1992  
Home Health Nursing, PRN, 1991-1992

## **PROFESSIONAL EXPERIENCE: OTHER APPOINTMENTS**

- 2017-2018 Co-Chair Diversity and Inclusivity Committee, American Academy of Nursing
- 2014-current Quality Enhancement Plan Advisory Board for the University of Alabama.
- 2014-2015 Quality Enhancement Mentorship Program: Mentor for faculty in QEP program.
- 2016 Grant Reviewer Special Emphasis Panel Loan Repayment Program (LPR), NIH. Extramural Loan Repayment Program for Clinical Research (LRP-CR) <http://grants.nih.gov/grants/guide/notice-files/NOT-OD-14-105.html> and the Extramural Pediatric Research Loan Repayment Program(LRP-PR) <http://grants.nih.gov/grants/guide/notice-files/NOT-OD-15-122.html>
- 2016 Grant Reviewer ZAT1 HS-27 NCCIH Loan Repayment Programs Study Section
- 2015 Grant Reviewer ZAT1 HS-17 NCCAM Loan Repayment Programs Study Section
- 2015 Grant Reviewer NIH NCCAM Training and Education Study Section
- 2014 Grant Reviewer ZAT1 HS-17 NCCAM Loan Repayment Programs Study Section
- 2013 Editor in Chief of the Journal of Transcultural Nursing effective Jan. 1, 2014
- 2013 Appointment to the Diversity and Inclusivity Committee, American Academy of Nursing
- 2012-2017 Appointed to Board of Directors, National Coalition of Ethnic Minority Nurses Association
- 2012-2014 Appointed to Board of Directors, National Association of Hispanic Nurses
- 2012 Faculty Fellow McNair Scholars Program
- Oct 2012 NIH Review Panel: ZAT1 HS-10 Clinical Studies of Complementary and Alternative Medicine Study Section. National Center for Complementary and Alternative Medicine (NCCAM) for grant applications in response to PAR10-163 (R34) and PA11-160 (R01). October 2012.
- June 2012 Grant Reviewer: ZAT1 HS-09 Clinical Research of Complementary Medical Care Study Section meeting. Special emphasis panel.
- 2011-2012 Technical Expert Panel (TEP) for Comparative Effectiveness of Treatments for RLS, Agency for Healthcare Research and Quality's (AHRQ) Effective Health Care (EHC) Program

- 2011-2012 Movement Disorders Revisions Panel to the International Classification of Sleep Disorders, American Association of Sleep Medicine.
- 2011 CCNE Accreditation Evaluator, American Association of Collegiate Nurses (AACN)
- June 2010 Grant Reviewer: RC4 applications - Recovery Act Limited Competition: NIH Director's Opportunity for Research in Five Thematic Areas (RC4) RFA OD10-005 [part of the American Recovery and Reinvestment Act of 2009]. The applications involve aspects of Genomics and Genetics in Health and Disease.
- 2009 Grant Reviewer: GO Grant applications – Recover Act Limited Competitions. NIH Community Based Research. National Center on Minority Health and Health Disparities (NCMHD)
- Sept 2009 NIH/CSR Review Panel: National Cancer Institute for grant applications in response to RFA CA-09-001 “NIH-Support Centers for Population Health and Health Disparities (CPHHD)”. Funding mechanism: multi-component P50.
- Feb 2009 NIH/CSR Review Panel: NINDS for grant applications in response to RFA-OD-09-003 (Challenge Grants) initiative.
- 2010-2012 Adjunct Faculty, University of Pennsylvania, School of Nursing
- 2005 – 2009 Member, Center for Biobehavioral Research, University of PA, School of Nursing
- 2004 – 2009 Philadelphia VA Medical Center WOC Employee
- 2003 – 2009 Member, Center for Sleep and Respiratory Neurobiology, School of Medicine, Philadelphia, PA
- 2003 – 2010 Member, Hartford Center for Gerontological Nursing Excellence University of PA, School of Nursing
- 2003 – 2007 Assistant Professor, University of PA, School of Medicine, Courtesy Appointment
- 1997-2001 State: MS Council of Deans and Directors, Board of Trustees, Institute of Higher Learning

## **RESEARCH**

### **DOCTORAL DISSERTATION**

Cuellar, N.G. (PI). "A Comparison of Caregiving Self-efficacy, Stress, Social Support, Coping, Depression,

and Life Satisfaction among African American and White American Female Caregivers of Elder Bedbound Patients”. University of Alabama at Birmingham. Dissertation Chair: Dr. Lindsey Davis. DAI: AAT 9818833, 1997.

## **FUNDED RESEARCH GRANTS**

### **In Progress**

Cuellar, N. & NAHN (June 2020). “COVID-19 in Latinos in America”. Pfizer Foundation. Funded: \$43,000.

Cuellar, N. & Remuga, A. (Fall 2019). “A secondary data analysis of older adults using Pension 65 data from Ministry of Health, Lima, Peru.” Funded: \$55,000 as part of Fulbright Specialist Program.

### **Completed**

Dautovich, N., Cuellar, N. & Thorn, B. (2014-2016). “Mindfulness Based Stress Reduction for Persons with RLS: a Feasibility Study”. Office of Research, Research Grant Award, University of Alabama, \$6,000. For the purchase of 10 PAM-RL (actigraphy)

Cuellar, N.G. (co-investigator) (2013-2016). “Mindfulness Based Stress Reduction for Persons with RLS: a Feasibility Study”. Capstone College of Nursing, \$2,500. Dr. Beverly Thorn and Dr. Geyer co-investigators

Cuellar, N.G. (co-investigator) (2009-2011). “Validation of Measures of Restless Legs Syndrome for Elders with Memory Disorders”. National Institute of Aging, 5R01AG27778-3, \$1, 370, 348. Dr. Kathy Richards P.I.

Cuellar, N.G. (P.I.) (2007-2010). “The use of Valerian on Sleep in Persons with Restless Legs Syndrome”. National Institute for Nursing Research, 1 K01 NR009570 01A2, \$276,748. CT

Cuellar, N.G. (P.I.) (2008-2009) “Genetic Variance of RLS in persons with Type 2 Diabetes”. Hartford Center of Geriatric Nursing Excellence, Jones Fund Foundation, \$7220. PG, CT

Cuellar, N.G. (PI) (2006-2007). “The Use of Alternative Practices in Persons with RLS”. University Research Foundation, University of PA, \$14,998. PG, CT

Cuellar, N.G. (PI) (2005-2007). “The Use of Alternative Medicine for the Sleep Disorder Restless Legs Syndrome”. Lindback Minority Junior Faculty Award, \$15,000. PG, CT

Cuellar, N.G. (PI) (2004-2006). “A Comparison of Type 2 Diabetics with and without Restless Legs Syndrome on Diabetic Control, Sleep, Fatigue, and Depression”. Sigma Theta Tau International and American Association of Diabetic Educators, \$5816. PG

Cuellar, N.G. (PI) (2003-2005). "A Comparison of Idiopathic and Secondary Diagnosis of Elder Persons with Restless Legs Syndrome". Hartford Center of Geriatric Nursing Excellence, Jones Fund Foundation, \$4138. PG

Cuellar, N.G. (P.I.) (2002-2003). "Use of Medications, Herbs, Natural Products and Other CAPPs in Persons with Restless Legs Syndrome". National Center for Complementary and Alternative Medicine, T-32 Post Doc, \$45,000. FG

Cuellar, N.G. (PI) (2002-2003). "The Use of Complementary and Alternative Medicine (CAM) by African American and White American Elders in Mississippi". Sigma Theta Tau International Gamma Lambda Chapter, \$500. PG, CT

Cuellar, N.G. (PI) (2002-2003). "The Use of Complementary and Alternative Medicine (CAM) by African American and White American Elders in Mississippi". Summer Faculty Research Grant Award, University of Southern Mississippi, \$8,000. PG

Cuellar, N.G. (PI) (2001-2002). "Depression: the Other Silent Killer". Sigma Theta Tau International Gamma Lambda Chapter, \$500. PG

Cuellar, N.G. (Primary Researcher) (1996-1999). "The Lower Mississippi Delta Nutrition Intervention Research Initiative". Agricultural Research Service, USDA, 25% funding. FG

Cuellar, N.G. (PI) (1996-1997). "A Comparison of Caregiving Self-Efficacy, Stress, Social Support, Coping, Depression and Life Satisfaction among African American and White American Female Caregivers of Elder Bedbound Patients". University of Southern Mississippi, Committee on Services and Resources for Women, \$300.

## **FUNDED PROGRAM GRANTS**

### **In progress**

**Cuellar, N. (PI).** "BAMA-L Nursing Workforce Diversity Grant". Health Resources and Services Administration (HRSA), D19HP30858-01-00 for Nursing Workforce Diversity, \$1,764,575. Funding date: July 1, 2017 – June 30, 2021.

**Cuellar, N. (PI) & the National Association of Hispanic Nurses** (July 2020 – July 2021). "Latino Provider Influencer Initiative". All of Us Research Program: The Precision Medicine Initiative #5. \$185,000

### **Completed**

**Cuellar, N. (PI) & the National Association of Hispanic Nurses** (November 2019 – April 2020). "Latino Provider Influencer Initiative". All of Us Research Program: The Precision Medicine Initiative #5. \$145,000

**Cuellar, N. (PI)** & the National Association of Hispanic Nurses (March-August 2019). “Latino Provider Influencer Initiative”. All of Us Research Program: The Precision Medicine Initiative #4. \$154,000

Cuellar, N. & the National Association of Hispanic Nurses (August 2018-February 2019). “Latino Provider Influencer Initiative”. All of Us Research Program: The Precision Medicine Initiative #3. \$189,000

Cuellar, N. & the National Association of Hispanic Nurses (March 2018-July 2018). “Latino Provider Influencer Initiative”. All of Us Research Program: The Precision Medicine Initiative #2. \$100,000

Cuellar, N. & the National Association of Hispanic Nurses (October 2017-February 2018). “Latino Provider Influencer Initiative”. All of Us Research Program: The Precision Medicine Initiative #1. \$5,000

Cuellar, N.G. & Weaver, T.E. (Co-PI) (2007-2008). “Building Partnerships with CAM Clinicians and Researchers in the Treatment of Sleep Disorders”. Office of Nursing Research, School of Nursing, University of PA, \$8,000.

Cuellar, N.G. & Harbough, B. (Co-PI) (2001-2003). “Support of RN to BSN disadvantaged students”. Helene Fuld Educational Mobility Grant, Grant #0153, Helene Fuld Health Trust, HSBC Bank, USA, Trustee, \$100,000.

## **RESEARCH WITHOUT FUNDING**

### **Completed**

Cuellar, N. & Horton, A. (2016). Incivility in Graduate Nursing Students. University of AL. Completed

Cuellar, N. & Horton, A. (2016). Incivility in Undergraduate Nursing Students. University of AL. Completed

## **PUBLICATIONS**

### **Journal Articles: Research/Data base**

1. Richards, K., Britt, K., Wang, Y., Morrison, J., & Cuellar, N. (2021). Clinical Decision Making: Restless Legs Syndrome and Dementia in Older Adults. *Nursing Clinics of North America*. Invited Manuscript
2. **Cuellar, N.**, Aquino, E., Dawson, M., Garcia-Dia, M., Im, E., Jurado, L. Lee, Y., Littlejohn, S., Tom-Orme, L., Toney, D. (2020). Culturally Congruent Health Care of COVID-19 in Minorities in the U.S.: A clinical practice paper from the National Coalition of Ethnic Minority Nurse Associations. *Journal of Transcultural Nursing*, 31(5), 434-443. <https://doi.org/10.1177/1043659620941578>

3. Rioux, J., Cuellar, N., Oliver, J. Hsu, P., & Szapkiw (August 2020). Evaluating retention rates in a medication-assisted treatment program. *The Journal for Nurse Practitioners*. DOI: <https://doi.org/10.1016/j.nurpra.2020.06.028>
4. Cheshire, M., **Cuellar, N.**, Figueroa-Delgado, J., & Rojas, P. (2020). A Nursing Workforce Initiative: Increasing the Latino/Hispanic BSN Workforce. *Hispanic Health Care International*, 18(2), 117-120. <https://doi.org/10.1177/1540415320904929>
5. **Cuellar, N.** (2019). Scholarship Development Series Part I: Writing a Review of the Literature. *Hispanic Health Care International*, 17(4), 144-148. <https://www.ncbi.nlm.nih.gov/pubmed/31822158>
6. **Cuellar, N.**, Aquino, E., Cruet, S., Grau, G., Martinez, G., Rinaldo, G., Vital, V. (2018). Increasing Awareness of the All of Us Research Program in Latino Communities. *Hispanic Health Care International*, 16(4), 168-173. <https://doi.org/10.1177/1540415318809441>
7. Boltz, M., Cole, C., Hunter, B., & **Cuellar, N.** (2018). Comparing an on-site Nurse Practitioner with telemedicine physician support hospitalist program with a traditional physician hospitalist program. *Journal of Telemedicine and Telecare*. doi: [10.1177/1357633X18758744](https://doi.org/10.1177/1357633X18758744)  
<https://doi.org/10.1177/1357633X18758744>
8. Whisenent, D., Corters, C., Ewell, P., & **Cuellar, N.** (2017). The use of community based participatory research to assess perceived health status and health education needs of persons in rural and urban Haiti. *Online Journal of Rural Nursing and Health Care*, 17, 52-72.  
DOI: <http://dx.doi.org/10.14574/ojrmhc.v17i1.427>
9. Wright, W., Morrell, E., Lee, J., White, P., & **Cuellar, N.** (2017). Comparison of Immunization Rates of Adults Ages 65 Years and Older Managed Within Two Nurse Practitioner-Owned Clinics with National Immunization Rates. *Journal of American Association of Nurse Practitioners*. Available at <http://onlinelibrary.wiley.com/doi/10.1002/2327-6924.12459/abstract>. DOI: 10.1002/2327-6924.12459
10. Hall, E. & **Cuellar, N.** (2016). Immigrant health in the United States: A trajectory toward change. *Journal of Transcultural Nursing*, 27(6), 611-626.
11. King, S. & **Cuellar, N.** (2016). Obstructive Sleep Apnea as an Independent Risk Factor in Stroke Prevention Guidelines: A review of the Evidence, New Recommendations, and Implications for Best Practice. *Journal of Neuroscience Nursing*, 48(3), 133-142.
12. **Cuellar, N.**, Whisenant, D., & Stanton, M. (2015). Hypnotic Jerks: A Scoping Review of the Literature. *Sleep Medicine Clinics*, 10(3), 393-401, xvi. doi: 10.1016/j.jsmc.2015.05.010. Epub 2015 Jun 23.
13. Richards, K., Bost, J., Rogers, V., Hutchinson, L., Bliwise, D., Beck, C., Kovach, C., **Cuellar, N.**, & Allen, R. (2014). Diagnostic accuracy of behavioral, activity, ferritin, and clinical indicators of Restless



Legs Syndrome. *Sleep*, 38(3), 371-380.

14. **Cuellar, N.** (2013). The effects of periodic limb movements in sleep (PLMS) on cardiovascular disease. *Heart & Lung: The Journal of Acute and Critical Care*, 42(5), 353-360.
15. McDonald, L., Luke, J., Jude, V., Chan, K. & **Cuellar, N.** (2013). Development of an Evidence-based Clinical Guideline for Age Appropriate Screening, Prevention and Management of Bone Abnormalities in Children Post Hematopoietic Stem Cell Transplant. *Journal of Pediatric Oncology Nursing*, 043454212473653, first published on February 4, 2013
16. Luke, J., McDonald, L., Jude, V., Chan, K., & **Cuellar, N.** (2013). Clinical Practice Implications of Immunizations after Pediatric Bone Marrow Transplant: A Literature Review. *Journal of Pediatric Oncology Nursing*, 30(1), 7-17.
17. Beach, M., Diffie, P., & **Cuellar, N.** (2012). Caring for the patient with obstructive sleep apnea (OSA): implications for health care providers in post anesthesia. *Journal of PostAnesthesia Nursing*, 27(5), 329-40. doi: 10.1016/j.jopan.2012.05.012.
18. **Cuellar, N.** (2012). The pharmacological management of restless legs syndrome in psychiatric conditions. *Journal of the American Psychiatric Nurses Association*. Article first published online before print April 22, 2012, doi: 10.1177/1078390312442569.
19. Gooneratne, N., Edwards, A., Zhou, C., **Cuellar, N.**, Gradner, M., Barrett, J. (2012). Melatonin pharmacokinetics following two different oral surge-sustained releases doses in older adults. *Journal of Pineal Research*. Article first published online: 21 FEB 2012 | DOI: 10.1111/j.1600-079X.2011.00958.x
20. **Cuellar, N.**, Hanlon, A., & Ratcliffe, S. (2011). The relationship with iron and health outcomes in persons with Restless Legs Syndrome. *Clinical Nursing Research*, 20(2), 144-161.
21. **Cuellar, N.G.**, Baldwin, C., Benevante, V., & Crowe, K. (2010). A review of Spanish translated sleep evaluation scales and questionnaires. *Hispanic Health Care International*, 8(4), 188-198.
22. **Cuellar, N.G.** (2010). Advances in the science of genomics in Restless Legs Syndrome. *Biological Research for Nursing*. 12(2), 178-187. PMID: 20453019
23. **Cuellar, N.G.** & Ratcliffe, S.J. (2009). Does Valerian Improve Sleepiness and Symptom Severity in Persons with RLS? *Alternative Therapies in Health and Medicine*, 15(2), 22-28. PMID: 19284179
24. **Cuellar, N.G.** & Ratcliffe, S. (2008). Restless Legs Syndrome in Type 2 Diabetes: Implications to Diabetes Educators. *Diabetes Educator*, 34(2), 218-224. PMID: 18375774

25. **Cuellar, N.G.** & Ratcliffe, S. (2008). A Comparison of Glycemic Control, Sleep, Fatigue, and Depression in Type 2 Diabetes with and without Restless Legs Syndrome. *Journal of Clinical Sleep Medicine*, 4(1), 50-56. PMID: 18350963
26. **Cuellar, N.**, Strumpf, N. & Ratcliffe, S. (2007). Symptoms of Restless Legs Syndrome in Older Adults: Outcomes on Sleep Quality, Sleepiness, Fatigue, Depression and Quality of Life. *Journal of the American Geriatrics Society*, 55, 1387-1892. PMID: 17915343
27. **Cuellar, N.**, Ratcliffe, S., & Chien, D. (2006). The Effects of Depression on Sleep Quality, Fatigue, and Sleepiness in Persons with Restless Legs Syndrome. *The Journal of the American Psychiatric Nurses Association*, 12, 262-271.
28. Weaver, T. & **Cuellar, N.** (2006). A Randomized Trial Evaluating the Effectiveness of Sodium Oxybate Therapy on Quality of Life in Narcolepsy. *Sleep*, 29(9), 1189-1194. PMID: 17040006
29. **Cuellar, N.**, Galper, D., Taylor, A., D'Huyvetter, K., Miederhoff, P., & Stubbs, P. (2004). Use of Conventional and Non Conventional Practices in Persons with Restless Legs Syndrome. *Journal of Alternative and Complementary Medicine*, 10(3), 422-423. PMID: 15253844
30. **Cuellar, N.**, Aycock, T., Cahill, B., & Ford, J. (2003). The use of complementary and alternative medicine by African American and Caucasian American elders in a rural setting: a descriptive, comparative study. *BMC Journal of Complementary and Alternative Medicine*, 3(8). Available at <http://www.biomedcentral.com/1472-6882/3/8/abstract>. PMID: 14622445
31. **Cuellar, N.**, Cochran, S., Ladner, C., Mercier, B., Townsend, A., Harbaugh, B., & Douglas, D. (2003). Depression and the use of conventional and non-conventional interventions of rural patients: a descriptive, comparative study. *The Journal of the American Psychiatric Nurses Association*, 9(5), 151-158.
32. Ladner, C. & **Cuellar, N.** (2003). Depression in Rural Hospice Caregivers: an Untreated Health Care Crisis. *Online Journal of Rural Health Nursing*, 3(1).
33. **Cuellar, N.** (2002). A comparison of African American and White American female caregivers of elder bedbound patients. *Journal of Gerontological Nursing*, 28(1), 36-45.

### **Journal Articles: Clinical**

1. Cuellar, N., & Archuletta, C. (2020). Supporting Hispanic/Latinx Nurses During the COVID-19 Pandemic: Brief Report. *Hispanic Health Care International*, 18(3), 125-126. 10.1177/1540415320933724

2. Cuellar, N. & Cheshire, M. (2018). Leadership challenges in building a Hispanic Nursing Workforce. *Nurse Leader*, 16(1). <https://www.sciencedirect.com/science/article/pii/S1541461217302902>, <https://doi.org/10.1016/j.mnl.2017.09.011>
3. Lackey, S. & **Cuellar, N.**, & Letvak, S. (2017). Does the Doctor of Nursing Practice degree provide preparation for assuming a Magnet ® program director role? *Journal of Doctoral Nursing Practice*, 10, 56-64. DOI: <https://doi.org/10.1891/2380-9418.10.1.56>
4. Cuellar, N., Miller, A., Knappen, J., & Visinia, J. (2016). Excellence in Development of Health Care Providers: The Nicaragua Clinical Experience. *Hispanic Health Care International*, 14(4), 192-197.
5. **Cuellar, N.** & Dorn, J. (2015). Neuropathy or Restless Legs Syndrome: Identifying Restless Legs Syndrome in Persons with Type 2 Diabetes Mellitus. *Journal of American Association of Nurse Practitioners*, 27(12), 671-675. doi: 10.1002/2327-6924.12311. Epub 2015 Oct 14.
6. Chang, J. & **Cuellar, N.G.** (2009). The use of honey for wound care management: a traditional remedy revisited. *Home Healthcare Nurse*, 27(5), 308-318. PMID: 19448499
7. **Cuellar, N.G.** (2008). Mindfulness Meditation (MfM) for veterans: implications for occupational health care providers. *Journal of Occupational Health Nursing*, 56(8), 357-363. PMID: 18717302 INVITED manuscript
8. **Cuellar, N.G.**, Walsh-Brennan, A.M., Vito, K. & de Leon Siantz, M.L. (2008). Cultural Competence in the Undergraduate Nursing Curriculum. *Journal of Professional Nursing*, 24(3), p. 143-149. PMID: 18504027 INVITED Manuscript.
9. Watts, R., **Cuellar, N.G.**, & Sullivan, A. (2008). Developing a Blueprint for Cultural Competence Education. *Journal of Professional Nursing*, 24(3), p.136-142. PMID: 18504026 INVITED Manuscript.
10. **Cuellar, N.G.**, Rogers, A.E., & Hisghman, V. (2007). Sleep in the Older Adult: Evidenced Based Research in Complementary and Alternative Medicine (CAM). *Geriatric Nursing*, 28(1), 46-52. PMID: 17292795
11. **Cuellar, N.**, Rogers, A.E., Hisghman, V., & Volpe, S. (2007). Assessment and treatment of Sleep Disorders in the Older Adult. *Geriatric Nursing*, 28(4), 254-263. PMID: 17711790
12. Dobson, A. & **Cuellar, N.** (2006). The Use of ropinirole in RLS: implications for advanced practice nurses. *Nurse Practitioner*, 31(12):46-48. PMID: 17149136
13. Wislowski, A. & **Cuellar, N.** (2006). Voting rights for older adults with dementia: implications for health care providers. *Nursing Outlook*, 54(2), 68-73. PMID: 16597524

14. **Cuellar, N.** (2005). Hypnosis for Pain Management in the Older Adult. *Pain Management Nursing*, 6(3), 105-111. PMID: 16129381
15. **Cuellar, N.** (2004). Diagnosis and Treatment of Persons with RLS. *Clinical Excellence for Nurse Practitioners*, 8(1), 5-13.
16. **Cuellar, N.** (2003). Restless Legs Syndrome: A Case Study. *Journal of Neuroscience Nursing*, 35(4), 193-201. PMID: 12942653
17. Anderson, P., **Cuellar, N.**, Rich, K. (2003). Performance improvement in higher education: can nursing make the leap? *Journal of Nursing Education*, 42(9), 416-420. PMID: 13677557
18. **Cuellar, N.**, Cahill, B., Ford, J., & Aycock, T. (2003). The development of an educational workshop on complementary and alternative medicine (CAM): what every nurse should know. *Journal of Continuing Education in Nursing*, 34(3), 128-135.
19. **Cuellar, N.** (2002). The Transition from Classroom to Online Teaching. *Nursing Forum*, 37(3), 5-13.
20. **Cuellar, N.** (2002). The Impact of Health Policy on Caregiving. *Geriatric Nursing*, 23(5), 284-285.
21. **Cuellar, Norma.** (2002). Magnet Therapy for Health: A Case Study. *Online Continuing Education Program*. Retrieved July 15, 2002, from the Honor Society of Nursing, Sigma Theta Tau International Web site: [http://www.nursingsociety.org/education/case\\_studies/cases/SK0001.html](http://www.nursingsociety.org/education/case_studies/cases/SK0001.html).
22. **Cuellar, N.** (2002). Tips to increase success for teaching online: c.o.m.m.u.n.i.c.a.t.i.o.n. *Computers in Nursing Plus*, 5, 1-7.
23. **Cuellar, N.** (2001). The 7 habits for highly effective curriculum revision. *Nurse Educator*, (26) 2, 61-63.
24. **Cuellar, N.** & Butts, J. (1999). Caregiver distress: What nurses in rural settings can do to help. *Nursing Forum*, 34(3), 24-30.
25. **Cuellar, N.** (1996). Where's the power? *The Mississippi RN*, 59(4), p. 8.

## Abstracts

1. Richards, K., Bost, J., Kalra, G., DiCarlo, J., Cuellar, N., & Allen, R. (June 2012). *Diagnostic Accuracy of RLS Measures*. Poster Presentation. 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Society, Boston, MA.
2. **Cuellar, N.G.** (2011). "A pilot program to examine alternative approaches to CBT-P". Poster presentation 25<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Society, Minneapolis, MN.

3. **Cuellar, N.G.** (2011). “*A pilot study to identify genetic variations in of RLS in persons with type 2 diabetes*”. Poster presentation 25<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Society, Minneapolis, MN.
4. **Cuellar, N.G.** (June 2010). “*Psychiatric Conditions Related to RLS*” in Advanced Methods and Guidelines for Evaluation and Long-term Management of Restless Legs Syndrome. Paper Presentation for Postgraduate Course. Association Professional Sleep Societies, 23<sup>rd</sup> Annual Meeting, San Antonio, TX. with Richard Allen, William Ondo, Art Walters.
5. **Cuellar, N.G.** (June 2010). “*What are the relationships between serum iron and ferritin on health outcomes in persons with Restless Legs Syndrome*”. Poster Presentation Association Professional Sleep Societies, 23<sup>rd</sup> Annual Meeting, San Antonio, TX.
6. **Cuellar, N.G.**, Graves, N., & Ratcliffe, S. (June 2008). “*Valerian (valeriana officinalis) improves sleepiness and symptoms of Restless Legs Syndrome*”. Poster Presentation: Association Professional Sleep Societies, 22<sup>nd</sup> Annual Meeting, Baltimore, MD.
7. **Cuellar, N.G.** (November 2007). “*A Global Perspective of Restless Legs Syndrome and Impact on Health Outcomes in Older Adults*”. Poster Presentation: Geriatric Society of America, 60<sup>th</sup> Annual Meeting. San Francisco, CA.
8. **Cuellar, N.G.**, Strumpf, N., Ratcliffe, S.J. Cantor, C., Chien, D., & Hyslop, A. (June 2007). “*The Use of the International RLS Rating Scale in Older Adults: Impact of Severity of Symptoms on Sleep Quality, Sleepiness, Fatigue, Depression and Quality of Life*”. Paper Presentation: Association Professional Sleep Societies, 21<sup>st</sup> Annual Meeting, Minneapolis/St. Paul.
9. **Cuellar, N.G.** (November 2006). “*Outcomes of Complementary and Alternative Medicine in Older Adults: Imagination or Evidenced Based?*”. Colloquium Paper Presentation: Geriatric Society of America, 59<sup>th</sup> Annual Meeting. Dallas, TX.
10. **Cuellar, N.G.**, Cantor, C., & Schutta, M. (June 2006). “*Prevalence of RLS and Depression in Type 2 Diabetics*”. Poster Presentation: Association Professional Sleep Societies, 20<sup>th</sup> Annual Meeting. Salt Lake City, UT.
11. **Cuellar, N.G.** (November 2005). “*The use of CAM in the Older Adult: Implications to Sleep*”. Colloquium Paper Presentation: Geriatric Society of America, New Orleans, LA.
12. **Cuellar, N.G.** (June 2004). “*The use of Medications, Herbs, Natural Products and Complementary and Alternative Practices and Products in Persons with Restless Legs Syndrome*”. Poster Presentation: Association Professional Sleep Societies, 18<sup>th</sup> Annual Meeting. Philadelphia, PA.

13. **Cuellar, N.G.** (November 2003). "Treatment and Diagnosis of Restless Legs Syndrome". Abstract Presentation: National Practitioner Associations for Continuing Education of Advanced Practice Clinicians. Boston National Advanced Practice Conference for Nurse Practitioners and Other Advanced Practice Clinicians.
14. **Cuellar, N.G.** (October 2002). "The Use of Complementary and Alternative Medicine (CAM) by African American (AA) and White American (WA) Elders: a Changing World". Paper Presentation: Canadian Association on Gerontology's 31<sup>st</sup> Annual Scientific and Educational Meeting, Montreal, Canada.
15. **Cuellar, N.G.** (February 2001). "A Comparison of African American and White American Female Caregivers of Bedbound Elders in Southern Mississippi". Paper Presentation: National Association of African American Studies, Houston, TX.

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**Cuellar, N.G.** & Mauk, K. (2006). Teaching older adults and their families. In K.L. Mauk (Ed.) *Gerontological Nursing: Competencies for Care*. Jones & Bartlett Publishers, Sudbury, MA.

**Cuellar, N.** (2002). Educators Development. In D. Billings (Ed.) *Conversations in e-learning*. Pensacola, FL: Pohl Publishers.

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### **Editorials/President's Messages**

Cuellar, N. (Sept 2020). Resiliency Recovery Post COVID-19. *Journal of Transcultural Nursing*, 31(5).

Cuellar, N. (July 2020). Not just the flu. *Journal of Transcultural Nursing*, 31(4), 325.

Cuellar, N. (June 2020). President's Message: Education is Power. *Hispanic Health Care International*, 18(2), 47-48.

Cuellar, N. (May 2020). Year of the Nurse and Midwife. *Journal of Transcultural Nursing*, 31(3), 225-226.

Cuellar, N. (March 2020). The Utopia of Progress in Cultural Diversity and Inclusivity. *Journal of Transcultural Nursing*, 31(2), 113.

Cuellar, N. (March 2020). President's Message: Latino Nurses in Washington D.C. *Hispanic Health Care International*, 18(1), 3.

Cuellar, N. (December 2019). President's Message: We Care and We are Aware! *Hispanic Health Care International*, 17(4), 143.

Cuellar, N. (September 2019). President's Message. NAHN Annual Conference in Reno. *Hispanic Health Care International*, 17(3), 95.

Cuellar, N. (June 2019). President's Message: Latino Leadership Institute: A Great Success. *Hispanic Health Care International*, 17(2), 47-48.

Cuellar, N. (March 2019). President's Message: I was my own path. *Hispanic Health Care International*, 17(1), 3.

Cuellar, N. (December 2018). President's Message: Happy Holidays to our NAHN Familia. *Hispanic Health Care International*, 16(4), 167.

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Cuellar, N. (2010). Sleep is a health Disparity Issue in Hispanics, *Hispanic Health Care International*, 8(4), 178-179.

## **Newsletter**

1. Cuellar, N.G. (Fall 2016). The use of essential oils for sleep. Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
2. Cuellar, N.G. (Summer/July 2016). Can melatonin help with RLS? Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
3. Cuellar, N.G. (Spring/April 2016). Magnesium Revisited. Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
4. Cuellar, N.G. (Winter/Jan 2016). Avoiding triggers using naturopathy. Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
5. Cuellar, N.G. (Fall/Oct 2015). Homeopathy for RLS. Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
6. Cuellar, N.G. (Summer/July 2015). Art as an intervention for RLS. Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
7. Cuellar, N.G. (Spring/April 2015). St. John's wort for WED? Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
8. Cuellar, N.G. (Winter/Jan 2015). Massage Therapy Revisited. Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
9. Cuellar, N.G. (Summer, 2014). Update on Acupuncture: beneficial for RLS? Nightwalkers Newsletter for RLS, Complementary Corner, Guest Editor.
10. Cuellar, N.G. (Spring, 2014). CAM Research is still far behind. Newsletter for RLS, Complementary Corner, Guest Editor.

11. Cuellar, N.G. (Winter, 2014). Curcumin: Under Study for Health Benefits. *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
12. Cuellar, N.G. (Fall, 2013). Glutamate and WED/RLS: Connection with diet? *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
13. Cuellar, N.G. (Summer, 2013). Serotonin and WED/RLS. *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
14. Cuellar, N.G. (Spring, 2013). Complementary/Alternative Medicine and WED/RLS. *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
15. Cuellar, N.G. (Winter, 2013). Can MSG affect my RLS symptoms? *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
16. Cuellar, N.G. (Fall, 2012). Mindfulness Based Stress Reduction. *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
17. Cuellar, N.G. (Summer, 2012). Can a Gluten-Free Diet be Beneficial in RLS? *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
18. Cuellar, N.G. (Spring, 2012). Can Reflexology Help with RLS Symptoms? *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
19. Cuellar, N.G. (Winter, 2012). The use of CAM in Pediatric RLS. *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
20. Cuellar, N.G. (Fall, 2011). Magnesium for RLS. *Nightwalkers Newsletter for RLS, Complementary Corner*. Guest Editor.
21. Cuellar, N.G. (Summer, 2011). Quinine in Tonic Water. *Nightwalkers Newsletter for RLS, Complementary Corner, Summer*. Guest Editor.
22. Cuellar, N.G. (Spring, 2011). Understanding Dietary Supplements. *Nightwalkers Newsletter for RLS, Complementary Corner*, Guest Editor.
23. Cuellar, N.G. (Winter, 2011). Aromatherapy. *Nightwalkers Newsletter for RLS, Complementary Corner, Winter*. Guest Editor.
24. Cuellar, N.G. (Fall, 2010). Melatonin. *Nightwalkers Newsletter for RLS, Complementary Corner*. Guest Editor.
25. Cuellar, N.G. (2010). Cognitive Behavior Therapy. *Nightwalkers Newsletter for RLS, Complementary Corner*. Guest Editor.
26. Cuellar, N.G. (2010). Valerian. *Nightwalkers Newsletter for RLS, Complementary Corner, Winter*. Guest Editor.
27. Cuellar, N.G. (Spring, 2009) Questions on potassium and iron. *Nightwalkers Newsletter for RLS, Complementary Corner*. Guest Editor.
28. Cuellar, N.G. (Summer, 2009). Antioxidants. *Nightwalkers Newsletter for RLS, Complementary Corner*. Guest Editor.

29. Cuellar, N. (2008). The Evolution of RLS & CAM, Complementary Corner, Winter, Interview.
30. Cuellar, N.G. (2007). Relaxation Therapy. *Nightwalkers* Newsletter for RLS, Complementary Corner, Summer. Guest Editor.
31. Cuellar, N. G. (2007). Acupuncture and RLS. *Nightwalkers* Newsletter for RLS, Complementary Corner, Spring, Guest Editor.
32. Cuellar, N.G. (2006). Massage Therapy. *Nightwalkers* Newsletter for RLS, Complementary Corner, Fall. Guest Editor.
33. Cuellar, N.G. (2006). Considerations for Complementary Medicine. *Nightwalkers* Newsletter for RLS, Winter, Guest Editor.

### Webinars/Podcasts

Cuellar, N. (May 2019) Health care provider's role in obesity prevention and healthy development of young American Indian children with Dr. Susan Sisson.

[http://hwcdn.libsyn.com/p/1/9/c/19c0205b27f2c68c/JTCN\\_May\\_2019\\_Podcast.mp3?c\\_id=41580329&cs\\_id=41580329&destination\\_id=196434&expiration=1575152823&hwt=6d5886c721c36d7eb80940a98160f552](http://hwcdn.libsyn.com/p/1/9/c/19c0205b27f2c68c/JTCN_May_2019_Podcast.mp3?c_id=41580329&cs_id=41580329&destination_id=196434&expiration=1575152823&hwt=6d5886c721c36d7eb80940a98160f552)

Cuellar, N. (March 2019). Paper Spirits and Flower Sacrifices: Hmong Shamans in the 21<sup>st</sup> Century: an interview with Dr. Deborah Helsel.

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Cuellar, N. (Sept 2018). Building a Culture of Health: The Leadership Role of the NAHN Nurses. AARP, RWJF, NAHN. <https://campaignforaction.org/webinar/building-a-culture-of-health-the-leadership-role-of-the-national-association-of-hispanic-nurses/>.

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All of Us: Why Latinos?," All of Us Research Program and National Association of Hispanic Nurses. (February 22, 2018). [http://nahnet.org/NAHN/News/All\\_of\\_Us\\_Research\\_Webinar\\_2-22-2018.aspx](http://nahnet.org/NAHN/News/All_of_Us_Research_Webinar_2-22-2018.aspx)

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Cuellar, N. (July 2017). Cultural Distress: An Emerging Paradigm with Dr. Christine DeWilde, *Journal of Transcultural Nursing*. <http://sagenursing.sage-publications.libsynpro.com/tcn-july-2017-podcast-cultural-distress-an-emerging-paradigm>

Cuellar, N. (April 2017). Development of Participant-Informed Text Messages to Promote Physical Activity Among African American Women Attending College: A Qualitative Mixed Methods Inquiry with Dr. Jasmine M. Reese. <http://journals.sagepub.com/doi/full/10.1177/1043659616644959>

Cuellar, N. (April 2017). A Journey Toward Cultural Competency: The role of research reflexivity in Indigenous Research with Dr. Caroline Nilson. <http://journals.sagepub.com/doi/full/10.1177/1043659616642825>

Cuellar, N. (December 2016). Immigration Health Policy: a trajectory toward change with Dr. Elanor Hall. *Journal of Transcultural Nursing*. <http://journals.sagepub.com/doi/full/10.1177/1043659616672534>

Cuellar, N. (January 2016). Social Ecology of Adherence to Hypertension Treatment in Latino Migrant and Seasonal Farmworkers with Dr. Elanor Hall. *Journal of Transcultural Nursing*. <http://tcn.sagepub.com/site/misc/index/podcasts.xhtml>

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Cuellar, N. (November 2015). Faculty Professional Role Development Program. Sigma Theta Tau International, Center for Excellence in Nursing Education.

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Cuellar, N. (Jan 2015). Intimate Partner Violence, Depression, and Barriers to Service Utilization in Arab American Women with Dr. Anahid Kulwicki. Journal of Transcultural Nursing.  
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Cuellar, N. (October 2014). The Future of Nursing Domestic Agenda, Global Implications with Dr. Franklin Shaffer and Dr. Catherine Davis. Journal of Transcultural Nursing.  
<http://tcn.sagepub.com/site/misc/index/podcasts.xhtml>

Cuellar, N. (April 2014). A Humanizing Gaze for Transcultural Nursing Research Will Tell the Story of Health Disparities with Dr. Lauren Clark. Journal of Transcultural Nursing.  
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PodCast (September 2005): Reports from Katrina, Lafayette, LA  
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### **Alternative Media**

**Cuellar, N.** (May 25, 2020). Hispanics under-represented in nursing and research – let's change that. Commentary. Orlando Sentinel.  
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**Cuellar, N.** (April 27, 2020). Punto Final: COVID-19 Pandemic and Latinos. Latina Magazine Style.  
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Prevention Magazine (2015): 14 Ways to use Alternative Medicine to Treat RLS. Interviewed for article: <http://www.prevention.com/health/14-natural-ways-to-deal-with-regstless-legs-syndrome>

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Cuellar, N. (August 2012). The work of minority volunteers during disasters. Minority Nurse. Invited interview for paper in journal.

Cuellar, N. (2011). The genetics of RLS in type 2 diabetes. www.Sleepclinican.com. Video

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Cuellar, N. (2010). What nurses should know about RLS. Medscape CME. Invited interview.

Philipson, L., Pembridge, R., & Cuellar, N.G. (2009). Questions & Answers. *Diabetes Self-Management*, 26(5) 53-56.

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Steeffel, L. (2008). UPENN Students Collaborate in the Gulf. *Nursing Spectrum*, April 21.

Rangan, A. (2008). From the classroom to the Katrina ravaged Gulf. *UP Front* magazine, April, 2008.

Pittari, J. (January 11, 2008). PENN students get high marks from Taylor. *Picayune Item*. (quoted)

Kancelbaum, B. (2007). Enhancing Geriatric Research: Sleep issues are the focus of one nurse scholar (Dr. Norma Cuellar). *Advance for Nurses*, Sept. 17, 2007, available at [www.advanceweb.com/nurses](http://www.advanceweb.com/nurses).

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Cuellar, N.G. (2006). RLS in Type 2 Diabetes. *Family Digest*.

## **PRESENTATIONS**

## **LECTURES BY INVITATION**

1. **Cuellar, N.** (December 2020). Louisiana State University Health Science Center School of Nursing Graduation Assembly, New Orleans, LA.
2. Foster, N. & **Cuellar, N.** (July 8, 2020). Impact of Access to Medication on Patient Care and the Health Care System (with Pfizer RxPathways). Raising the Reach of Public Health, National Association of City and Community Organizations (NACCHO), Virtual Conference. INVITED SPEAKER.
3. **Cuellar, N.** (June 2019). *Improving acceptance rate of manuscripts: peer evaluation before submission.* 6<sup>th</sup> Conference of the European Transcultural Nurses Association, České Budějovice, the Czech Republic. Plenary Session. INVITED SPEAKER
4. **Cuellar, N.** (May 2019). *A vision of holistic care within the sociocultural context in Hispanic communities,* Congreso Internacional de Enfermería, Cancun, Mexico. (May 2019). KEYNOTE, INVITED SPEAKER
5. **Cuellar, N.** (discussant), Littlejohn, S. (discussant), Williams, E. (discussant), Yu, M (discussant), Angosta, A. (moderator) (March 2019). Association Presidents Panel. *NCEMNA Nurses Transforming Health Care in Diverse Communities.* NCEMNA Public Policy and Leadership Summit. Los Angeles, CA. INVITED SPEAKER
6. **Cuellar, N.** (March 2019). *Sharing Teaching Practices on Communicating with Spanish speaking patients.* Diversity in Health Care and Human Services: Sharing Teaching Practices on Addressing the Spanish-speaking Population. Ramapo College of New Jersey. KEYNOTE, INVITED SPEAKER
7. **Cuellar, N.** (Oct. 2018). *All of Us Research Project and the National Association of Hispanic Nurses: Building Connections to Genomic Health one Step at a time.* International Society of Nursing in Genetics, Orlando, FL. KEYNOTE, INVITED SPEAKER
8. **Cuellar, N. G. (Discussant)**, Richardson, D. (Discussant), Moreno, F. (Discussant), Matsumoto, R. (Moderator). (July 2018). 89th National Convention and Exposition 2018, *Discover How to Be One in a Million*, League of United Latin American Citizens (LULAC), Phoenix, AZ, United States. INVITED SPEAKER
9. Cuellar, N. (February 2018). *Bama-L Project: Diversity in Nursing Education.* State of AL Association of Colleges of Nursing, Birmingham, AL. INVITED SPEAKER
10. **Cuellar, N.** (2017). *Transcultural Nursing Panel: Publishing Tips.* 43<sup>rd</sup> Annual Conference, Transcultural Nursing Society, New Orleans, LA. INVITED SPEAKER
11. **Cuellar, N.** (June 2017). *The P's of Publishing.* European Transcultural Nursing Society. Odense, Denmark. INVITED SPEAKER

12. **Cuellar, N.** (2017). *Reporting genetic results of Latinos*. All of Us Research Program. Bethesda Maryland, National Institute of Health. Panel Presentation. INVITED SPEAKER
13. **Cuellar, N.** (2016). *Transcultural Nursing Panel: Ask the editors*. 42<sup>nd</sup> Annual Conference, Transcultural Nursing Society, Cincinnati, Ohio. INVITED SPEAKER
14. **Cuellar, N.** (2016). *Leadership Motivation*. National Association of Hispanic Nurses, San Diego, CA. INVITED SPEAKER
15. **Cuellar, N.** (2016). *Health care diversity in the Latino population: Minority RIG*. 30<sup>th</sup> Annual Southern Nursing Research Conference. Williamsburg, VA. INVITED SPEAKER
16. **Cuellar, N.** (2016). *Meet the Editors Panel Discussion*. 30<sup>th</sup> Annual Southern Nursing Research Conference. Williamsburg, VA. INVITED SPEAKER
17. **Cuellar, N.** (November 2015). *Findings from MBRS & RLS Feasibility Study*. Interprofessional Research Group, University of AL. INVITED SPEAKER
18. **Cuellar, N.** (2015). *Hispanic Health Care in the U.S.* Keynote Speaker for National Hispanic Heritage Month, Office of Multicultural Educational Programs, Abraham Baldwin Agricultural College, Tifton, GA. INVITED SPEAKER
19. **Cuellar, N.** (April, 2015). *Using Bloom's Taxonomy to develop content of diversity across your curriculum*. Ad-Hoc Diversity Learning and Leadership Committee, University of Alabama. FL INVITED SPEAKER
20. **Cuellar, N.** (February, 2015). *Academic Journals: Conversations with the Editors Research Forum. Office of Research and Teaching in the Disciplines*. University of Alabama with Dr. Karri Holley, Dr. Vivian Wright, and Dr. Cynthia Sunal. FL. INVITED SPEAKER
21. **Cuellar, N.** (2015). *Meet the Editors Panel Discussion*. 2015 Southern Nursing Research Society Annual Conference, Tampa, FL INVITED SPEAKER
22. **Cuellar, N.** (March 1, 2014). *Alternative Medicine in Health Care*. Alabama State Nurses Association. INVITED SPEAKER
23. **Cuellar, N.** (March 2014). *Publication Tips*. Alabama Transcultural Nursing Society, Mobile, AL. INVITED SPEAKER
24. **Cuellar, N.** (February 13, 2014). *Comments from the Editors: Panel Discussion*. Southern Nursing Research Society, San Antonio, TX INVITED SPEAKER



25. **Cuellar, N.** (2013). “*Development of a Faculty Web Page using people.com.*” University of Alabama CIT Faculty Technology Showcase. Paper Presentation. Invited.
26. **Cuellar, N.G.** (April 12, 2012). Keynote Speaker. 20<sup>th</sup> Annual Nu Omega Research Conference. Wilmington, NC. Research and Quality Improvements to Promote Health in Vulnerable Populations. INVITED SPEAKER
27. **Cuellar, N.G.** (April 13, 2012). Keynote Speaker. 20<sup>th</sup> Annual Nu Omega Research Conference. Wilmington, NC. Leadership: Making an Impact in Health Outcomes in Vulnerable Populations. INVITED SPEAKER
28. **Cuellar, N.G.** (March 2012). Keynote Speaker. Honor’s Convocation, McNairs Scholars Program. Tuscaloosa, AL.
29. **Cuellar, N.G.** (February 2011). *Sleep in Older Adults.* Center for Mental Health and Aging. University of AL, Tuscaloosa, AL. INVITED SPEAKER
30. **Cuellar, N.G.** (Oct. 2010). *The use of CAM in Health Care.* School of Psychology, University of AL, Tuscaloosa, AL. INVITED SPEAKER
31. **Cuellar, N.G.** (Sept. 2010). *Health Disparities: Latinos in AL.* Hispanic Heritage Month, University of AL, Tuscaloosa, AL. INVITED SPEAKER
32. Alexander, S., Founds, S., **Cuellar, N.G.**, & Henderson, W. (April 2009). *Bridging Genetics into your Program of Nursing Research.* Paper Presentation: Eastern Nursing Research Society, Boston, MA. INVITED SPEAKER
33. **Cuellar, N.G.** (March 2009). “*Developing a Research Trajectory*” in Creating Research Careers: Leading The Way. NCEMNA 5<sup>th</sup> Annual Conference, Albuquerque, NM. INVITED SPEAKER
34. **Cuellar, N.G.** (March 2009). *Cultural Competence within Complementary and Alternative Medicine.* Nursing Cultural Competence Committee, Hospital of University of Pennsylvania, Philadelphia, PA. INVITED SPEAKER
35. **Cuellar, N.G.** (March 2008). “*Research in CAM: Lessons Learned*”. Paper presentation: Grand Rounds, Hospital of University of Pennsylvania. INVITED SPEAKER
36. **Cuellar, N.G.** (October 2007). *Complimentary and Alternative Medicine (CAM): Notions and Potions or True Science?* Paper Presentation: Research Colloquium, Office of Nursing Research, School of Nursing, University of PA. INVITED SPEAKER

37. **Cuellar, N.G.** (March 2007). "*The Use of CAM in Research in Health Disparities and Ethnically Diverse Populations*". Paper Presentation: National Coalition of Ethnic Minority Nurses Association, San Antonio, TX. INVITED SPEAKER
38. **Cuellar, N.G.** (November 2005). "*The use of CAM in RLS*". Paper Presentation: RLS International Annual Meeting, Orlando, FL. INVITED SPEAKER
39. **Cuellar, N.G.** (June, 2007). "*The impact of CAM on clinical practice.*" Paper Presentation: Hospital of University of PA, Cultural Diversity Lecture Series. INVITED SPEAKER
40. **Cuellar, N.G.** (February 2007). "*RLS and the Older Adult*". Paper Presentation: University of PA, School of Medicine Geriatric Grand Rounds. INVITED SPEAKER
41. **Cuellar, N.G.** (October 2006). "*The use of CAM in Home Health: Implications to Research and Practice*". Paper Presentation: Beatrice Renfield Nursing Research Program, Visiting Nurse Service of New York. INVITED SPEAKER
42. **Cuellar, N.G.** & Walsh-Brennan, A.M. (August 2006). "*Overview of Cultural Competence*". Paper Presentation: University of PA School of Nursing: Faculty Orientation. INVITED SPEAKER
43. **Cuellar, N.G.** (May 2006). "*CAM in Home Health: Implications to Practice*". Paper Presentation: Hospital of the University of PA Home Health, Nurses' Day. INVITED SPEAKER
44. **Cuellar, N.G.** (February 2006). "*Rebuilding Urban Places after Disaster: Lessons from Hurricane Katrina*". Paper Presentation: PENN Institute for Urban Research, PENN IUR Public Interest Symposium. INVITED SPEAKER
45. **Cuellar, N.G.** (January 2006). "*The Science of RLS*". Paper Presentation: University of Pennsylvania, Hartford Center. INVITED SPEAKER
46. **Cuellar, N.G.** (December 2005). "*The Use of CAM in Pain Management*". Paper Presentation: University of Pennsylvania Hospital, Continuing Education Program on Pain Management. INVITED SPEAKER
47. **Cuellar, N.G.** (April 2005). "*Going through the Promotion and Tenure Process: Questions to Ask*". Paper Presentation: University of Pennsylvania, Center for Teaching And Learning, School of Nursing, Teacher Education Program, Panel Discussion. INVITED SPEAKER
48. **Cuellar, N.G.** & Sullivan-Marx, E. (March 2005). "*The Nuts and Bolts of a K Award*". Paper Presentation, University of Pennsylvania, School of Nursing, Research Colloquium. INVITED SPEAKER
49. **Cuellar, N.G.** & Clark, S. (Feb. 2005). "*K's and R's: What's the Difference?*". Paper Presentation, University of Pennsylvania, School of Nursing, Research Colloquium. INVITED SPEAKER

50. **Cuellar, N.G.** (April 2004). "*Culture and the Use of Complementary and Alternative Medicine*". Paper Presentation: University of Pennsylvania School of Nursing, Cultural Competence for Clinicians, Certificate Program, Philadelphia, PA. INVITED SPEAKER
51. **Cuellar, N.G.** (April 2004). "*The use of Complementary and Alternative Medicine in Sleep: Fact or Fiction?*". Paper Presentation: University of PA, School of Medicine, Sleep Medicine Grand Rounds. INVITED SPEAKER
52. **Cuellar, N.G.** (March 2004). "*Complementary and Alternative Therapies in the Geriatric Population*". Paper Presentation: New Courtland Elder Services, Germantown, PA. INVITED SPEAKER
53. **Cuellar, N.G.** (October 2003). "*Complementary and Alternative Practices and Products: Implications for Nursing*". Paper Presentation: Doctoral Colloquium, University of Pennsylvania, School of Nursing. INVITED SPEAKER
54. **Cuellar, N.G.** (June 2002). "*Transitioning from Classroom to Online Teaching*". Paper Presentation: Nurse Educator Summer Institute, Gulfport, MS. INVITED SPEAKER
55. **Cuellar, N.G.** (June 2001). "*Developing a Technology Plan and Computer Assignments to Enhance NCLEX Performance*". Paper Presentation: Nurse Educator Summer Institute, Gulfport, MS. INVITED SPEAKER
56. **Cuellar, N.G.** (March 2001). "*Magnetic Health Care Technologies*". Paper Presentation: Complementary and Alternative Therapies Research Group, The University of Southern Mississippi, Hattiesburg, MS. INVITED SPEAKER
57. **Cuellar, N.G.** (April 2000). "*Faith of the Heart: L.E.A.D.E.R.S.H.I.P.*" Paper Presentation: Zeta Rho Nursing Induction Ceremony, Mississippi University for Women, Columbus, MS. INVITED SPEAKER

#### **PODIUM/POSTER PRESENTATIONS**

1. Cuellar, N. (July 2020). All of Us: The Nursing Asset. NAHN 45<sup>th</sup> Annual Conference, Miami, FL. Podium Presentation. Cancelled due to COVID-19.
2. Cuellar, N. (July 2020). FAAN: Am I ready. NAHN 45<sup>th</sup> Annual Conference, Miami, FL. Podium Presentation. Cancelled due to COVID-19.
3. Membrillo, N. & Cuellar, N. (July 2020). Patient Safety Culture Among Perioperative Nurses in Peru. NAHN 45<sup>th</sup> Annual Conference, Miami, FL. Poster Presentation. Cancelled due to COVID-19.

4. Fernandez-Honorio, I. (July 2020). *Social determinants of household contacts with TB in Lima*. NAHN 45th Annual Conference, Miami, Florida. Poster Presentation. Cancelled due to COVID-19.
5. Cuellar, N. (June 2020) The All of Us Research Program through the National Institute of Health. 7<sup>th</sup> International Conference: Celebrating excellence in Transcultural Nursing. European Transcultural Nursing Association. Fuerteventura, Canary Islands, Spain. Podium Presentation. Cancelled due to COVID-19.
6. Cuellar, N., Zoucha, R., Nielson, D., & Serafica, R. (2019). *From lightbulb to Paper: tips for publishing*. 45<sup>th</sup> Transcultural Nursing Society Annual Conference, Richmond, VA. Panel Presentation.
7. Renauldo, J., Vital, V. & Cuellar, N. (July 2019). *All of Us: Engaging communities to improve health*. A Climate of Change: Nurses Taking Action to Achieve Health Equity, National Association of Hispanic Nurses 44th Annual Conference, Reno, NV. Podium Presentation.
8. Cuellar, N. (July 2019). *Applying for FAAN: Measuring Impact*. A Climate of Change: Nurses Taking Action to Achieve Health Equity, National Association of Hispanic Nurses 44th Annual Conference, Reno, NV. Panel Presentation.
9. Cuellar, N. (Oct 2018). *The Diversity of the Nursing Workforce: Donde Estan los Latinos?* 44<sup>th</sup> Transcultural Nursing Society Annual Conference, San Antonio, TX. Panel Presentation.
10. Cuellar, N. (Sept. 2018). *All of Us: Why Latinos?* State of the Science Congress on Nursing Research: Precision Health. Council for the Advancement of Nursing Science, Washington DC. Podium Presentation.
11. Cuellar, N. (July 2018). *BAMA-L: Perspective of Students*. National Association of Hispanic Nurses, Cleveland, OH. Podium Presentation.
12. Cuellar, N. (July 2018). FAAN – the Next Steps. National Association of Hispanic Nurses, Cleveland, OH. Podium Presentation.
13. March, A., Wedgeworth, M., Eyer, J., Cuellar, N., Cheshire, M. & Lawson, R. (Nov 2017). How to Write a Successful HRSA Application. Capstone College of Nursing Research Colloquia, University of AL, Tuscaloosa, AL. Panel Presentation.
14. Cuellar, N. (Feb 2018). *BAMA-L Project: Diversity in Nursing Education*. Alabama Association of Colleges of Nursing, Birmingham, AL. Podium Presentation.
15. Horton, A. & Cuellar, N. (July 2017). *Perceptions of self-reported civility among undergraduate nursing students*. 28<sup>th</sup> International Nursing Research Congress, Sigma Theta Tau, Dublin Ireland. Podium Presentation.

16. Horton, A. & Cuellar, N. (2016). Civility in Nursing: A Review of the Literature. Alabama State Nurses Association, Montgomery AL. Poster Presentation.
17. Horton, A. & Cuellar, N. (2016). Incivility among nursing students. Alabama State Nurses Association, Montgomery, AL. Podium Presentation.
18. Cuellar, N., Miller, A., Knappen, J. (2016). *Excellence in Development of Health Care Providers: The Nicaragua Clinical Experience*". 41<sup>st</sup> Annual National Association of Hispanic Nurses Conference, Chicago, IL. Poster Presentation.
19. Cuellar, N. Appel, S., Carter-Templeton, H., George, S., & Whisenent, D. (2016). *Successful Methods used in Rural Research*. 30<sup>th</sup> Annual Southern Nursing Research Conference. Williamsburg, VA. Pre-conference Workshop.
20. Cuellar, N. Eyer, J., Dautovich, N., & Thorn, B. (2016). *Is MBSR feasible in persons with RLS?* 30<sup>th</sup> Annual Southern Nursing Research Conference. Williamsburg, VA. Podium Presentation.
21. Cuellar, N. (2015). "*Culturally Congruent Health Care through Publishing*". 4<sup>th</sup> Annual European Transcultural Nursing Association Conference, Budapest, Hungary. Keynote Speaker. Podium Presentation.
22. Cuellar, N., Thorn, B., Dautovich, N., & Eyer, J. (March 2015). "*A Refinement of Mindfulness Based Stress Reduction for Persons with RLS*". Research Colloquia, University of Alabama, Capstone College of Nursing Tuscaloosa, AL. Podium Presentation.
23. Cuellar, N. (March 30, 2015). "*Dissemination of Scholarship related to Culturally Congruent Health Care*". The Chamber of Hungarian Health Care Professionals. Budapest, Hungary. Podium Presentation.
24. Cuellar, N., Thorn, B., Dautovich, N., & Eyer, J. (2015). "*A Refinement of Mindfulness Based Stress Reduction for Persons with RLS: An Early clinical Trial*". Discussion Poster. 2015 Southern Nursing Research Society Annual Conference, Tampa, FL. Poster Presentation.
25. Cuellar, N. (2014). "*MBSR in Persons with RLS*". Research Colloquia, Capstone College of Nursing, University of AL, Tuscaloosa, AL. Podium Presentation.
26. Aaron, C. & Cuellar, N. (2013). "*The Process of Using Reflection Journaling in Nursing Education*," Top Student Discussion Poster. 2013 Southern Nursing Research Society Annual Conference, Little Rock AK. Poster Presentation.
27. Duvall, J. & Cuellar, N. (2013). "*Motivational and Technological Readiness in the use of High-Fidelity Simulation: a Descriptive Comparative Study of Nurse Educators.*" Top Scored Late Breaker Session. 2013 Southern Nursing Research Society Annual conference, Little Rock AK. Poster Presentation.

28. Young, B. & Cuellar, N. (2013). *“Improving the quality of care of rheumatology patients through the referrals of nursing practitioners.”* 2013 Southern Nursing Research Society Annual conference, Little Rock AK. Poster Presentation.
29. McDowell, L. & Cuellar, N. (May, 2013). Referral and Completion Rates for Cardiac Rehab in a Rural Community Setting: A Retrospective Chart Review. Annual Symposium of the Preventative Cardiovascular Nurses Association, Las Vegas, NV. Poster Presentation.
30. Yearwood, K. & Cuellar, N. (2013). *“Obesity in the Military: Are there Health Disparities in Treating Military Personnel and their Families?”* The American Academy of Nurse Practitioners (AANP) 28th National Conference, Las Vegas, NV. Poster Presentation.
31. Delgado, V., Goldin, D., Navarro, A. & Cuellar, N. (2012). *“Alcohol Screening Tools for Hispanic Adolescents: A Review of the Literature.”* 2012 Summit on the Science of Eliminating Health Disparities, National Institute of Health, Washington D.C. Poster Presentation.
32. Kane, T. & **Cuellar, N.** (2012). *“The Influence of Depressive Symptoms and Demographic Variables on Hemoglobin A1c and Health Disparities”*. 2012 Summit on the Science of Eliminating Health Disparities, National Institute of Health, Washington D.C. Poster presentation.
33. Okoro, R. & Cuellar, N. (2012). *“The Use of Cervical Cancer Screening Guidelines among Incarcerated Women: A Retrospective Chart Review”*. 2012 Summit on the Science of Eliminating Health Disparities, National Institute of Health, Washington D.C. Poster Presentation.
34. Luke, J., McDonald, L., Jude, V., & Cuellar, N. (2012). *“Immunization after Bone Marrow Transplant: a Review of the Literature”*. 5<sup>th</sup> National DNP Conference, St. Louis, MO. Poster presentation.
35. **Cuellar, N.**, Estrada, S., & Alejandro, J. (2012). *“DNP or PhD? Which is right for me?”*. 37<sup>th</sup> National Association of Hispanic Nurses Conference, San Juan Puerto Rico. Podium presentation.
36. Kane, T. & **Cuellar, N.** (July 18, 2012). *“Depression in Hispanic Males with Type 2 Diabetes: A Review of the Literature”*. 37<sup>th</sup> National Association of Hispanic Nurses Conference, San Juan, Puerto Rico. Poster presentation.
37. Richards, K., Bost, J., Kalra, G., DiCarlo, J., Cuellar, N., & Allen, R. (June 2012). Diagnostic Accuracy of RLS Measures. 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Society, Boston, MA. Poster Presentation.
38. Varga, K. & **Cuellar, N.** (June 20-24, 2012). *“A Quality Improvement Implementation Analysis and Evaluation Research on Overweight and Obesity Screening in the Primary Care Setting”*. The American Academy of Nurse Practitioners 27<sup>th</sup> National Conference, Orlando, FL. Podium Presentation.

39. Ong, J., **Cuellar, N.**, Drummond, S., Fiorentino, L., Smith, K. & Ulmer, C. (2012). "*Mindfulness and Acceptance Based Approaches to Treating Sleep Disturbances*". Society of Behavioral Sleep Medicine Inaugural Meeting, Boston, MA. Symposia Presentation
40. Handwerker, S. & **Cuellar, N.** (Feb. 22-25, 2012). "*Identifying Nursing Identity using a Poststructuralist Framework: Implications for Nurse Educators*". 26<sup>th</sup> Annual Conference of the Southern Nursing Research Society, New Orleans, LA. Poster Presentation.
41. Brown, D., Green, M., & **Cuellar, N.** (March 7-9, 2012). "*The Bridge over the Ivory Towers: Linking Research to Practice using the DNP in (a) NICHE*". 15<sup>th</sup> Annual NICHE (Nurses Improving Care for Health System Elders) Conference, New Orleans, Louisiana. Poster Presentation.
42. Beach, M., Diffie, P., & **Cuellar, N.** (Feb. 2012). "*The use of continuous positive airway pressure postoperatively in patient with obstructive sleep apnea: evidenced based implications for the certified registered nurse anesthetist*". 26<sup>th</sup> Annual Conference of the Southern Nursing Research Society, New Orleans, LA. Poster Presentation.
43. Duvall, J. & **Cuellar, N.** (Feb. 2012). "*Factors affecting the adoption of high fidelity simulation as a teaching strategy by nurse educators: a review of the literature*". 26<sup>th</sup> Annual Conference of the Southern Nursing Research Society, New Orleans, LA. Poster Presentation.
44. **Cuellar, N.** (July 2011). "*Improving Assessment of Sleep Disorders in Hispanics using Spanish translated sleep evaluation instruments*". 36<sup>th</sup> Annual National Association of Hispanic Nurses Conference, Las Vegas, NV. Podium Presentation.
45. **Cuellar, N.G.** (June, 2011). "*A pilot program to examine alternative approaches to CBT-I*". 25<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Society, Minneapolis, MN. Poster presentation.
46. **Cuellar, N.G.** (June, 2011). "*A pilot study to identify genetic variations in of RLS in persons with type 2 diabetes*". 25<sup>th</sup> Anniversary Meeting of the Associated Professional Sleep Society, Minneapolis, MN. Poster presentation.
47. **Cuellar, N.** (March 2011). "*Psychopharmacological Management of RLS in Psychiatric Conditions*". 33<sup>rd</sup> Annual Southern Sleep Society Meeting, New Orleans, LA. Podium Presentation.
48. **Cuellar, N.** (May 2010). "*Objective Measures of Sleep in CAM Research*". 5<sup>th</sup> International Congress on Complementary Medicine Research, Tromso, Norway. Podium Presentation.
49. **Cuellar, N.** (June 2009). "*Career Development Strategies: The "K" Award and the Transition to Independence*". Association Professional Sleep Societies, 23<sup>rd</sup> Annual Meeting, Seattle, WA. Podium Presentation, Panel Member.

50. **Cuellar, N.** (June 2009). “*The Use of Complementary and Alternative Medicine for Sleep*”. Association Professional Sleep Societies, 23rd Annual Meeting, Seattle, WA. Symposium Presentation (Chair).
51. **Cuellar, N.G.,** Rose, K., & Smith, M. (March 2009). *Sleepy, Grumpy, and Dopey: More than Just a Fairytale: Sleep Disturbances in Older Adults*. American Association of Geriatric Psychiatry, Honolulu, HI. Podium Presentation.
52. **Cuellar, N.G.** (June, 2009). “*The Impact of Iron Metabolism on Sleep, Sleepiness, Depression, Fatigue and Quality of Life in Persons with Restless Legs Syndrome*”. Center for Sleep and Respiratory Neurobiology, School of Medicine, University of PA. Poster Presentation.
53. **Cuellar, N.G.** (November 2008). “*A Comparison of African Americans (AA) and Caucasians with Restless Legs Syndrome*”. NIH Summit, National Center on Minority Health and Health Disparities. The Science of eliminating Health Disparities. Gaylord, MD. Poster Presentation.
54. **Cuellar, N.G.** (November 2008). “*Exploration of Personal Beliefs in Cultural Competency*”. Paper presentation (INVITED). Hospital of the University of PA, Department of Nursing. Cultural Competence – Train the Trainer, Philadelphia, PA.
55. **Cuellar, N.G.** (November 2008). “*Role of Genetics in Restless Legs Syndrome*”. Poster Presentation: International Society of Nurses in Genetics, Philadelphia, PA.
56. **Cuellar, N.** (November 2008). *Sleep 101: The use of CAM for Sleep*”. Trustees’ Council of Penn Women & Penn Women’s Center: Co-presenters: Dr. David Dinges and Dr. Terri Weaver. Panel Presentation.
57. \*Graves, N. & **Cuellar, N.G.** (2008). “*Valerian Improves Sleepiness and Symptoms of RLS*”. Eastern Nursing Research Society 20<sup>th</sup> Annual Scientific Session, Philadelphia PA. Undergraduate Poster for the University of PA, School of Nursing.(Mentor/Mentee Project). Poster Presentation.
58. **Cuellar, N.G.** (November, 2007). “*The Development and Implementation of the Faculty Mentorship Program at the University of PA, School of Nursing*”. NIH Office of Research on Women’s Health, Women in Biomedical Research: National Leadership Workshop on Mentoring Women in Biomedical Careers, Bethesda, MD. Poster Presentation.
59. **Cuellar, N.G.** (October 2007). “*A Review of the Sleep Disorder RLS*”. Biobehavioral Research Center Retreat, School of Nursing, University of PA. Podium Presentation.
60. **Cuellar, N.G.,** de Leon Siantz, M.L., & McCauley, L. (July 2007). “*Health Care in Hispanic Migrant Workers*”. National Association of Hispanic Nurses, 32<sup>nd</sup> Annual Meeting, Los Angeles, CA. Colloquium Paper Presentation.



61. **Cuellar, N.G.**, Ratcliffe S., Cantor, C. & Schutta, M. (June, 2007). “*A comparison of Patients with Type 2 Diabetes with and without RLS.*” Center for Sleep and Respiratory Neurobiology, School of Medicine, University of PA. Paper Presentation.
62. **Cuellar, N.G.**, Strumpf, N. Ratcliffe, S. & Cantor, C. (June, 2007). “*The use of the RLS Severity Scale in Older Adults: Implications on Sleep, Sleepiness, Fatigue, Depression, and Quality of Life.*” Center for Sleep and Respiratory Neurobiology, School of Medicine, University of PA. Poster Presentation.
63. **Cuellar, N.G.**, Strumpf, N., Ratcliffe, S., & Cantor, C. (May, 2007). “*The use of the RLS Severity Scale in Older Adults: Implications on Sleep, Sleepiness, Fatigue, Depression, and Quality of Life.*” Institute of Aging, University of PA. Poster Presentation.
64. **Cuellar, N.G.** (April 2006). “*CAM at the School of Nursing: Research, Education, and Practice.*” University of PA School of Medicine and Nursing: Tai Sophia Annual Retreat. Paper Presentation.
65. **Cuellar, N.G.** (October 2005). “*Lessons from the Front Line: The Katrina Disaster-Nurses Volunteer.*” Advisory Task Force on Diversity and Cultural Competency. Paper Presentation.
66. **Cuellar, N.G.** (April 2005). “*RLS and Sleep: Implications to Health Outcomes.*” Eastern Nursing Research Society, pre-conference colloquia presentation, New York City, NY. Paper Presentation.
67. **Cuellar, N.G.** (April 2004). “*Restless Legs Syndrome: A Case Study.*” American Association of Neuroscience Nurses, 36<sup>th</sup> Annual Meeting Neuroscience Nursing: Celebrating the Passion for Excellence. San Antonio, TX. Paper Presentation.
68. **Cuellar, N.G.**, Taylor, A.G., Miederhoff, P., et al. (November 2002). “*Use of Medications, Herbs, Natural Products and Other CAPPs in Persons with Restless Legs Syndrome.*” Restless Legs Syndrome Foundation, State of the Art in Restless Legs Syndrome: Current Directions in the Search for its Cause, Cure and Treatment. Orlando, FL. Poster Presentation.
69. **Cuellar, N.G.** (March 2002). “*Developing a Technology Plan that Works.*” Creative Teaching for Nursing Educators, Memphis, TN. Paper Presentation.
70. **Cuellar, N.G.** (December 2001). “*Implementing Technology in the Curriculum: Bridge to Success.*” American Association of Colleges of Nursing, Washington D.C. Paper Presentation.
71. **Cuellar, N.G.** (October 2001). “*The Pedagogy of Web Based Teaching and Learning.*” Expanding Excellence Program, The University of Southern Mississippi. Hattiesburg, MS. Paper Presentation.
72. **Cuellar, N.G.** (October 2000). “*Nursing Outcome Classification for Caregivers.*” American Psychiatric Nurses Association, 14<sup>th</sup> Annual Conference, Washington D.C. Paper Presentation.

73. **Cuellar, N.G.** (November 2000). "*Nursing Outcome Classifications for Caregivers*". Gamma Lambda Chapter Sigma Theta Tau Regional Conference, Gulfport, MS. Paper Presentation.
74. **Cuellar, N.G.** Janes, S., & Coyne, M. (November 2000). "*Cuban Advancement in Research, Education and Scholarship*". Gamma Lambda Chapter Sigma Theta Tau Regional Conference, Gulfport, MS. Panel Presentation.

Presentations before 2000 are available on request.

## **UNIVERSITY SERVICE**

### *University of Alabama*

2017-2018	Search Committee for VP for Research and Engagement
2017-current	Academic Diversity Council, Appointed
2015-current	Advisory Board Committee QEP 2015-2016 Mentee for QEP Program
2015-2018	Mediation Committee 2017 (January to January): Chair
2011-2018	International Education Committee (IEC) University Committee Interim Chair: Fall 2013
2014-2015	Diversity Coalition Steering Committee
2011-2012	University Awards Committee

## **COLLEGE SERVICE**

### *University of Alabama*

2015-current	Committee on Inclusivity Chair (appointed) <ul style="list-style-type: none"> <li>• Chair (2015-2018)</li> </ul>
2017-2019	Student Organization Committee
2017-2019	Ad Hoc Committee Crosswalks of Graduate Curriculum

2015-2017	Graduate Education Committee
2014-2015	Faculty Organization Chair
2014-2015	Faculty Search Committee
2014	Ad hoc Committee Search Committee for Assistant Dean of Graduate Program
2014	Ad hoc Committee on By Law Changes
2013-2015	Faculty Life Committee Chair (January 2013-May 2014)
2012	GEC Chair of Focus Group on DNP Program
2011-2012	Ad hoc Committee on Civility
2010-2014	Faculty Life Committee
2010-current	Promotion & Tenure Sub-committee of Faculty Life Committee
2010-current	Graduate Faculty Committee
2010-current	Faculty Organization

## **CERTIFICATION/LICENSURES**

### **Licensures**

2020-current	Multi-state Licensure AL
2010-current	Alabama 1-06774
2003-2009	Pennsylvania RN548798 (inactive)
2002-2003	Virginia 0001181168 (inactive)
1994-2002	Mississippi R832232 (inactive)
1993-1994	Alabama 1-067774

1984-1993 Louisiana RN050788 (inactive)

### **Certifications**

2001 Certification in “Teaching and Learning in Web Based Courses” from Indiana University Purdue University, Indianapolis

1986 - 2006 American Association of Critical Care Nurses  
● CCRN certified 1988-2006

1984 - 1994  
2002-2004 Advanced Cardiac Life Support (ACLS)  
American Heart Association

### **HONORS AND AWARDS**

Sabbatical Awarded (Fall 2019), University of Alabama, Capstone College of Nursing, Tuscaloosa, AL.

Fulbright Scholars Specialist Program (2015-2020), United States Department of State Bureau of Educational and Cultural Affairs

September-November (Fall 2019): Universidad Maria Auxiliadora, Lima Peru

LSU Health Sciences Center, School of Nursing Alumni Association’s 2018 Inaugural Celebration of Outstanding Alumni Honorees (October 2018), New Orleans, LA

The Citation of Excellence Award (April 2018) Alabama State Nurses Association.

Outstanding Scholarship Award for Tenured Faculty (May 2017) University of AL, Capstone College of Nursing.

Ernestine Tucker Opening Doors Inclusion and Engagement Award (April 2016) University of AL, Capstone College of Nursing, Tuscaloosa, AL

Lillian-Holland Harvey Award (October 2014) Alabama State Nurses Association, Tuscaloosa, AL.

Content Expert for Online Course Development (for outstanding teaching and course development), UA College of Continuing Studies (January, 2012). Tuscaloosa, AL.

Fellow of the American Academy of Nursing (October 2011). Washington D.C.

Henrietta Villaescusa Community Service Award (July 2011). National Association of Hispanic Nurses, Las Vegas, Nevada.

Awarded Loan Repayment Program (2011-2013). Nursing Loan Repayment Program. National Institute of Health.

Inductee into 2010 Petal Academic Hall of Fame, Petal School System, Petal, MS.

Ildaura Murillo-Rohde Award for Education Excellence (2007). National Association of Hispanic Nurses.

Awarded Loan Repayment Program (2007-2009). Department of Health and Human Services, National Institute of Health.

Dean's Award for Undergraduate Student Mentorship (2006). University of Pennsylvania, School of Nursing.

Unsung Hero Award (2006). Biobehavioral and Health Sciences Division, University of PA, School of Nursing.

Visiting Scholar (2005). The A. Lindsay and Olive B. O'Connor Chair of Nursing and the Department of Nursing, 2005 Spring Lecture and Workshop Series, Hartwick College, Oneonta, NY

Sabbatical Awarded (2002 – 2003), University of Southern MS, College of Nursing,  
Hattiesburg, MS

International Visiting Scholar (1999). Central Queensland University, Rockhampton, Central Queensland

Sigma Theta Tau International Honorary Society for Nurses (1988-current)

## **CONSULTATIONS**

Robert Wood Johnson Foundation, Future of Nursing 2020 Report. Stakeholder Interview with Dr. Susan Hasmyler. (July 27, 2020).

External Reviewer for Promotion & Tenure, University of Missouri-Kansas City, Kansas City, MO, United States. (March 7, 2019 - March 15, 2019).

External Reviewer for Promotion & Tenure, College of Nursing & COM Dept. of Psychiatry and Behavioral Sciences, Charleston, SC. (February 14, 2019).

External Reviewer for Promotion & Tenure, University of California, Davis, Davis, CA, United States. (November 1, 2018 - November 30, 2018).

External Reviewer for Promotion & Tenure, Hunter Bellevue School of Nursing and School of Health, New York City, United States. (June 7, 2018 - August 28, 2018).

External Reviewer for Promotion & Tenure, East Carolina University, Greenville, NC, United States. (May 1, 2018 - August 15, 2018).

External Reviewer for Promotion & Tenure, Florida International University, Miami, FL, United States. (April 30, 2018).

American Academy of Collegiate Nursing, OH, United States. (March 2018).

External Reviewer for Promotion & Tenure, University of South Alabama (January 2015).

Lippincott Nursing Solutions, Reviewer for e-learning course “Obstructive Sleep Apnea” (Fall 2014)

External Reviewer for Promotion & Tenure, University of Kentucky (September 2014).

External Reviewer for Promotion & Tenure, Boston College (September 2014).

External Reviewer for Promotion & Tenure. Jordan University of Science & Technology, Irbid, Jordan (September 2013).

International Hispanic University. Development of a Nursing Curriculum for Hispanic Students. March 2013.

External Reviewer for Promotion & Tenure, University of South Alabama. March 2013.

External Reviewer: Jones & Bartlett Learning. Reviewer for draft chapters for new textbook on DNP Project development. August 2012.

External Reviewer: Jordan University of Science & Technology. Reviewer for Faculty Promotion & Tenure. August 2012.

Consultant: Cognitive Behavior Therapy for Insomnia: DCH Hospital. August 2010.

Consultant and Speaker, MindBodySpirit: Planning for Vitality and Longevity, Sleep and Health (February 2008), Philadelphia, PA

Advisory Board for *Nurse Educator*, 1998 - present

Planning Committee for *Herbal Medicine Symposium* (September 2006) – University of PA: sponsored by School of Medicine, School of Nursing and Arboretum

Consultant/Editor for “Complementary Corner” in *Nightwalkers* a national quarterly publication for CAM and RLS, 2006 – present: <http://www.rls.org/page.aspx?pid=496>

Sigma Theta Tau International Media Expert on Restless Legs Syndrome and Complementary and Alternative Medicine, 2003-2005

American Association of Neuroscience Nurses: Expert on Speaker's Bureau for Restless Legs Syndrome, 2003-2005

## **PROFESSIONAL SERVICE/MEMBERSHIPS**

- 2012-current      Transcultural Nursing Society
- 2012 – Editor of the Journal of Transcultural Nursing
  - Charter Chapter President (1997-1999 at University of Southern MS)
- 2011-present      American Academy of Nursing
- 2013-2018 Inclusivity Committee
    - CHAIR: 2017-2019
  - 2014-current: Cultural Diversity Committee
- 2006 – present      National Association of Hispanic Nurses
- 2020-2022: Immediate Past President
  - 2018-2020: National President
  - 2016-2018: National President Elect
  - 2016-2018: Chair of Education Committee (Organizes 2 conferences/year)
  - 2016 – Charter member of Greater Birmingham Chapter of NAHN
  - 2014-2016: Awards Committee
  - 2012-2014: Board of Directors
  - 2012-2014: Chair, Nomination Committee
  - 2010-2012: Nomination Committee
  - 2009-2011: Committee on Health Policy
  - 2007 National Committee on Conference Planning
- 1994 - present      American Nurses Association (MS, VA, PA)
- 2002: MNA State Research/Grants Committee
  - 2000: MNA Nurse of the Year District #7
  - 1998: MNA Council on Nursing Research
  - 1997: MNA Council on Nursing Research
  - 1996: Alternate Delegate for convention
- 1988-present      Sigma Theta Tau International Society
- 2014: International/National: Sigma Theta Tau International and Chamberlain College, Center for Nursing Excellence in Nursing Education (CENE). Sub-

- Committee: Faculty Role Development
  - Research Committee Chair: 2011-2013
  - Membership Committee
  - International/National: Collateral Reviewer: International Reviewer for Abstracts and Grants
  - Chapter Fund Raising Chairperson
  - International/National: Candidate for National Office - Region Coordinator
  - International/National: Reviewer for abstracts submitted for poster, paper, and symposium presentations for the International State of the Science Congress
  - International By-laws Committee
  - Regional Awards Chairperson for Technology
  - Chapter President, Key Award Chair, Eligibility Committee, Research Committee, Awards Committee
  - President-elect, By-laws Chair, Research Committee
  
- 2012-current Transcultural Nursing Society
  - 2012 – Editor of the Journal of Transcultural Nursing
  - Charter Chapter President (1997-1999 at University of Southern MS)
  
- 2010-current  
1997-1999 Southern Nursing Research Society, member
  - 2016: Abstract Reviewer
  - 2010: Abstract Reviewer for Regional Conference
  - 1998: Abstract Reviewer for Regional Conference
  
- 2018-2020 Nurses on Boards Coalition Board
  - 2019-2020 Co-Chair Impact Committee
  
- 2010 – 2014 Behavioral Sleep Medicine Society
  - Charter Member
  - Membership Committee
  
- 2005 – 2014 American Association of Sleep Medicine
  - June 2006-2009: Research Committee
  - June 2007-2009: Movement Disorders Specialty Interest Group
    - 2009-2012: Vice Chair
    - 2009-2012: Steering Committee
  - April 2007: Insomnia Research Grant Reviewer
  - December 2004 - 2008: Abstract Reviewer
  - June 2005: Chair of Oral Presentation
  
- 2000-2001 National Association of Hispanic and Latino Studies



- State Chairperson

1986 - 2006 American Association of Critical Care Nurses

## **OTHER PROFESSIONAL ACTIVITIES**

### **NATIONAL**

May 2020 Abstract Reviewer: 2020 State of the Science Congress on Nursing Research. A 2020 Vision: The Environment's Impact on Health. Council for the Advancement of Nursing Science.

2018-current ACT PhD Dissertation Award, founder. National Association of Hispanic Nurses.

2018-2020 Committee Member, RWJF/AARP Diversity Steering Committee.

2018-2020 Board of Advisors, Pfizer Multicultural Advisory Committee.

2018-2020 Board of Directors, National Coalition of Ethnic Minority Nurses.

2018-2020 Nurses on Boards Coalition  
Board of Directors  
Chair: Impact Committee

2018-2020 Committee Member, Alliance of Nurses for Healthy Environments.

2013-current Editor in Chief of Journal of Transcultural Nursing

2004-current Manuscript Reviewer (not actively reviewing): AJN, Alternative Therapies in Health and Medicine, American Journal of Psychiatry, Behavioral Sleep Medicine, Clinical Nursing Research, Ethnicity and Health, Geriatric Nursing, Global Advances in Health & Medicine, Journal of the American Geriatric Society, Journal of Clinical Sleep Medicine, Journal of the National Medical Association, Journal of Psychiatry and Neurology, Journal of Psychosomatic Research, Journal of Parkinsonism and RLS, Journal of Transcultural Nursing, Journal Value of Health, Medical Science Monitor, Nurse Educator, Sleep Medicine, The European Neurological Journal, & Sleep.

July 2007-2010 Expert Witness (CAM), Pennsylvania Department of State, Bureau of Professional and Occupational Affairs, Harrisburg, PA

- 2007 Philadelphia Network Consultants, LIFE PROGRAM, on RLS and CAM: lectures on CAM and RLS to the community.
- April 2007 External Reviewer: Restless Legs Syndrome Foundation. Reviewer for publications pamphlet: "Restless Legs Syndrome: Detection and Management in Primary Care" by the National Institute of Health, National Heart Lung and Blood Institute, National Center on Sleep Disorders Research and Office of Prevention, Education, and Control.
- June 2006 External Reviewer: University of Arkansas for Medical Sciences: Tailored Biobehavioral Interventions Research Center: Grant Reviewer
- June 1999 External Reviewer: "What Everyone Should Know about Complementary Health Care". RealStyle Publications (1999), Channing L. Bete Co., Inc.
- December 1998 International: Health care expert in "Caregiving" and "Critical Care Nursing" in Sigma Theta Tau's 1999 Media Guide to Health Care Experts.

## **STATE**

Health Disparities Council (2010-2013) State of AL, Dept. of Public Health, Office of Minority Health, Clanton, AL.

NAACP Health Advisory Committee (2011) State of AL

West Alabama Health Literacy Committee (2011), The Literacy Council of West Alabama

## **OTHER PROFESSIONAL ACTIVITIES**

### **MENTORSHIP**

#### **MENTORED PUBLICATIONS WITH STUDENTS**

Wright, W., Morrell, E., Lee, J., White, P., & **Cuellar, N.** (2017). Comparison of Immunization Rates of Adults Ages 65 Years and Older Managed Within Two Nurse Practitioner-Owned Clinics with National Immunization Rates. *Journal of American Association of Nurse Practitioners*.

Lackey, S. & **Cuellar, N.**, & Letvak, S. (2017). Does the Doctor of Nursing Practice degree provide preparation for assuming a Magnet ® program director role? *Journal of Doctoral Nursing Practice*.

Cuellar, N., Miller, A., Knappen, J., & Visinia, J. (2016). Excellence in Development of Health Care Providers: The Nicaragua Clinical Experience. *Hispanic Health Care International*, 14(4), 192-197.

King, S. & **Cuellar, N.** (2016). Obstructive Sleep Apnea as an Independent Risk Factor in Stroke Prevention Guidelines: A review of the Evidence, New Recommendations, and Implications for Best Practice. *Journal of Neuroscience Nursing*, 48(3), 133-142.

**Cuellar, N.** & Dorn, J. (2015). Neuropathy or Restless Legs Syndrome: Identifying Restless Legs Syndrome in Persons with Type 2 Diabetes Mellitus. *Journal of American Association of Nurse Practitioners*, 27(12), 671-675. doi: 10.1002/2327-6924.12311. Epub 2015 Oct 14.

McDonald, L., Luke, J., Jude, V., Chan, K. & **Cuellar, N.** (2013). Development of an Evidence-based Clinical Guideline for Age Appropriate Screening, Prevention and Management of Bone Abnormalities in Children Post Hematopoietic Stem Cell Transplant. *Journal of Pediatric Oncology Nursing*, 043454212473653, first published on February 4, 2013

Luke, J., McDonald, L., Jude, V., Chan, K., & **Cuellar, N.** (2013). Clinical Practice Implications of Immunizations after Pediatric Bone Marrow Transplant: A Literature Review. *Journal of Pediatric Oncology Nursing*, 30(1), 7-17.

Beach, M., Diffie, P., & **Cuellar, N.** (2012). Caring for the patient with obstructive sleep apnea (OSA): implications for health care providers in post anesthesia. *Journal of PostAnesthesia Nursing*, 27(5), 329-40. doi: 10.1016/j.jopan.2012.05.012.

Chang, J. & **Cuellar, N.G.** (2009). The use of honey for wound care management: a traditional remedy revisited. *Home Healthcare Nurse*, 27(5), 308-318. PMID: 19448499

Dobson, A. & **Cuellar, N.** (2006). The Use of ropinirole in RLS: implications for advanced practice nurses. *Nurse Practitioner*, 31(12):46-48. PMID: 17149136

Wislowski, A. & **Cuellar, N.** (2006). Voting rights for older adults with dementia: implications for health care providers. *Nursing Outlook*, 54(2), 68-73. PMID: 16597524

**Cuellar, N.**, Aycock, T., Cahill, B., & Ford, J. (2003). The use of complementary and alternative medicine by African American and Caucasian American elders in a rural setting: a descriptive, comparative study. *BMC Journal of Complementary and Alternative Medicine*, 3(8). Available at <http://www.biomedcentral.com/1472-6882/3/8/abstract>. PMID: 14622445

**Cuellar, N.**, Cochran, S., Ladner, C., Mercier, B., Townsend, A., Harbaugh, B., & Douglas, D. (2003). Depression and the use of conventional and non-conventional interventions of rural patients: a descriptive, comparative study. *The Journal of the American Psychiatric Nurses Association*, 9(5), 151-158.

Ladner, C. & **Cuellar**, N. (2003). Depression in Rural Hospice Caregivers: an Untreated Health Care Crisis. *Online Journal of Rural Health Nursing*, 3(1).

**Cuellar**, N., Cahill, B., Ford, J., & Aycock, T. (2003). The development of an educational workshop on complementary and alternative medicine (CAM): what every nurse should know. *Journal of Continuing Education in Nursing*, 34(3), 128-135.

## **MENTORED PRESENTATIONS WITH STUDENTS**

Horton, A. & Cuellar, N. (2017). Incivility in Nursing Students: report of pilot study. 28<sup>th</sup> International Nursing Research Congress, Sigma Theta Tau, Dublin Ireland. Podium Presentation.

Horton, A. & Cuellar, N. (2016). Civility in Nursing: A Review of the Literature. Alabama State Nurses Association, Montgomery AL. Poster Presentation.

Horton, A. & Cuellar, N. (2016). Incivility among nursing students. Alabama State Nurses Association, Montgomery, AL. Podium Presentation.

Cuellar, N., Miller, A., Knappen, J. (2016). *Excellence in Development of Health Care Providers: The Nicaragua Clinical Experience*". 41<sup>st</sup> Annual National Association of Hispanic Nurses Conference, Chicago, IL. Poster Presentation.

Lackey, S. & **Cuellar**, N., & Letvak, S. Does the Doctor of Nursing Practice degree provide preparation for assuming a Magnet ® program director role? DNP Intensive, University of Alabama, Huntsville, AL. Poster Presentation.

Aaron, C. & Cuellar, N. (2013). "*The Process of Using Reflection Journaling in Nursing Education*," Top Student Discussion Poster. 2013 Southern Nursing Research Society Annual Conference, Little Rock AK. Poster Presentation.

Duvall, J. & Cuellar, N. (2013). "*Motivational and Technological Readiness in the use of High-Fidelity Simulation: a Descriptive Comparative Study of Nurse Educators*." Top Scored Late Breaker Session. 2013 Southern Nursing Research Society Annual conference, Little Rock AK. Poster Presentation.

Young, B. & Cuellar, N. (2013). "*Improving the quality of care of rheumatology patients through the referrals of nursing practitioners*." 2013 Southern Nursing Research Society Annual conference, Little Rock AK. Poster Presentation.

McDowell, L. & Cuellar, N. (May, 2013). Referral and Completion Rates for Cardiac Rehab in a Rural Community Setting: A Retrospective Chart Review. Annual Symposium of the Preventative Cardiovascular Nurses Association, Las Vegas, NV. Poster Presentation.

Yearwood, K. & Cuellar, N. (2013). "*Obesity in the Military: Are there Health Disparities in Treating Military Personnel and their Families?*" The American Academy of Nurse Practitioners (AANP) 28th National Conference, Las Vegas, NV. Poster Presentation.

Delgado, V., Goldin, D., Navarro, A. & Cuellar, N. (2012). "*Alcohol Screening Tools for Hispanic Adolescents: A Review of the Literature.*" 2012 Summit on the Science of Eliminating Health Disparities, National Institute of Health, Washington D.C. Poster Presentation.

Kane, T. & **Cuellar, N.** (2012). "*The Influence of Depressive Symptoms and Demographic Variables on Hemoglobin A1c and Health Disparities*". 2012 Summit on the Science of Eliminating Health Disparities, National Institute of Health, Washington D.C. Poster presentation.

Okoro, R. & Cuellar, N. (2012). "*The Use of Cervical Cancer Screening Guidelines among Incarcerated Women: A Retrospective Chart Review*". 2012 Summit on the Science of Eliminating Health Disparities, National Institute of Health, Washington D.C. Poster Presentation.

Luke, J., McDonald, L., Jude, V., & Cuellar, N. (2012). "*Immunization after Bone Marrow Transplant: a Review of the Literature*". 5<sup>th</sup> National DNP Conference, St. Louis, MO. Poster presentation.

Kane, T. & **Cuellar, N.** (July 18, 2012). "*Depression in Hispanic Males with Type 2 Diabetes: A Review of the Literature*". 37<sup>th</sup> National Association of Hispanic Nurses Conference, San Juan, Puerto Rico. Poster presentation.

Varga, K. & **Cuellar, N.** (June 20-24, 2012). "*A Quality Improvement Implementation Analysis and Evaluation Research on Overweight and Obesity Screening in the Primary Care Setting*". The American Academy of Nurse Practitioners 27<sup>th</sup> National Conference, Orlando, FL. Podium Presentation.

Handwerker, S. & **Cuellar, N.** (Feb. 22-25, 2012). "*Identifying Nursing Identity using a Poststructuralist Framework: Implications for Nurse Educators*". 26<sup>th</sup> Annual Conference of the Southern Nursing Research Society, New Orleans, LA. Poster Presentation.

Brown, D., Green, M., & **Cuellar, N.** (March 7-9, 2012). "*The Bridge over the Ivory Towers: Linking Research to Practice using the DNP in (a) NICHE*". 15<sup>th</sup> Annual NICHE (Nurses Improving Care for Health System Elders) Conference, New Orleans, Louisiana. Poster Presentation.

Beach, M., Diffie, P., & **Cuellar, N.** (Feb. 2012). "*The use of continuous positive airway pressure postoperatively in patient with obstructive sleep apnea: evidenced based implications for the certified registered nurse anesthetist*". 26<sup>th</sup> Annual Conference of the Southern Nursing Research Society, New Orleans, LA. Poster Presentation.

Duvall, J. & Cuellar, N. (Feb. 2012). “Factors affecting the adoption of high fidelity simulation as a teaching strategy by nurse educators: a review of the literature”. 26<sup>th</sup> Annual Conference of the Southern Nursing Research Society, New Orleans, LA. Poster Presentation.

Luke, J. & Cuellar, N. (2012). *Immunizations after Pediatric Bone Marrow Transplant*. Poster presentation. 2012 DNP Intensive.

McDonald, L. & Cuellar, N. (2012). Guidelines for screening, prevention and treatment of bone mineral density loss for pediatric HSCT recipients. Poster presentation. 2012 DNP Intensive.

Brown, D., Green, M., & Cuellar, N. (2012). *The Bridge over the Ivory Towers: Linking Research to Practice using the DNP in (a) NICHE*. Poster Presentation. Poster presentation. 2012 DNP Intensive.

Beach, M., Diffie, P., & Cuellar, N. (Feb. 2012). *The use of continuous positive airway pressure postoperatively in patient with obstructive sleep apnea: evidenced based implications for the certified registered nurse anesthetist*. Poster Presentation. Poster presentation. 2012 DNP Intensive.

Williams, C. (2010). Comparison of ferritin levels between persons with type 2 diabetes with and without RLS: a secondary data analysis. Poster Presentation: Emerging Scholars Program. (Mentor/Mentee Project)

Graves, N. & Cuellar, N.G. (2008). “Valerian Improves Sleepiness and Symptoms of RLS”. Poster Presentation: Eastern Nursing Research Society 20<sup>th</sup> Annual Scientific Session, Philadelphia PA. Undergraduate Poster for the University of PA, School of Nursing.

### **SPEECHES, WORKSHOPS OR PROGRAMS DEVELOPED**

March 2019 Workshop: NCEMNA Inaugural Health Policy Workshop, Los Angeles, CA.

Jan 2019 Conference: "Latino Leadership Institute," National Association of Hispanic Nurses, Puerto Rico.

Oct 2018 Workshop: RWJF/AARP Diversity Steering Committee. Washington D.C.

July 2018 Conference: "43<sup>rd</sup> Annual Conference," NAHN, Cleveland, OH. Chair of Education Committee.

Jan 2018 Conference: "Latino Leadership Institute," National Association of Hispanic Nurses, San Antonio, TX, United States. Chair of Education Committee.

July 2017 Conference: "42nd Annual Conference: Transforming Health Care in Latino Communities: Bridging Disparities and Ending Inequities," National Association of Hispanic Nurses, Phoenix, AZ. Chair of Education Committee,

January 2017 Leadership Retreat for the National Association of Hispanic Nurses, Chair of Education

Committee, Raleigh, North Carolina

- Spring 2012 Hispanic Health Care Network: Brazos Abrietos: Health Fair for Hispanics in Tuscaloosa, AL
- Spring 2011 Hispanic Health Care Network: Brazos Abrietos: Health Fair for Hispanics in Tuscaloosa, AL
- Fall 2010 DNP Intensive Week, University of AL, Capstone College of Nursing
- Spring 2010 Hispanic Health Care Network: Brazos Abrietos: Health Fair for Hispanics in Tuscaloosa, AL
- Oct 2008 Sleep and Complementary and Alternative Medicine Retreat. Sponsored by School of Nursing, Office of Nursing Research, School of Medicine.
- Apr 2008 School of Nursing, Student Panel: PENN in the Gulf sponsored by STTI, SNAP, and Biobehavioral Health Division
- Jan 2008 PENN in the Gulf, Feldman Initiative. Co-faculty with Julie Sochalski: organized, planned, and implemented a 10 day experience in Pearlington, MS – including planning and organizing visit by Gene Taylor, House of Representatives of MS, to talk with students about health policy issues and the Katrina disaster.
- Oct 2007 School of Nursing, Faculty Retreat, Philadelphia, PA. Committee Member
- Jun 2007 School of Medicine, Center for Sleep Respiratory Neurobiology, 4<sup>th</sup> Annual Sleep Research Retreat, Planning Committee
- 2005 - 2006 School of Medicine, Herbal Symposium, Planning Committee sponsored by the School of Medicine, Nursing, and Morris Arboretum
- 2004 – 2006 School of Medicine, Tai Sophia Institute Retreat: representative for School of Nursing on Complementary and Alternative Medicine Education at University of Pennsylvania
- 2001 National: Weekend Immersion in Nursing Informatics (WINI) (2001). Planned and coordinated National conference for nurses specializing in Nursing Informatics. Conference held in Hattiesburg, MS at College of Nursing. International speakers presented.

- 2000 International: Sigma Theta Tau, Arista III Project (2000). Coordinator of National Fund Raiser to bring 2 Cuban nurses to Miami Florida for conference. Raised \$2600.00.
- 1997 International: Co-founder of STT CARES (Cuban Advances for Research, Education, and Scholarship) (1998). The initial goals of STT CARES project are to: provide consultation on the development of graduate nursing curriculum in community health, gerontology, and critical care; identify resources needed in the implementation of these programs; and mentor colleagues in the establishment of Sigma Theta Tau International Honorary Society with STTI Chapter in Cuba.

### **COMMUNITY SERVICE**

UA Community Service Day (April 2012). Clean Up Tuscaloosa Day.

Brazos Abiertos (April 2012) Tuscaloosa, AL. Community outreach to Hispanics in a community fair that provides resources to Hispanics to improve quality of life.

Sigma Lambda Gamma National Sorority Inc. (April 2012). Breast Cancer Forum. Guest speaker on Breast Cancer Awareness.

Brazos Abiertos (April 2011) Tuscaloosa, AL. Community outreach to Hispanics in a community fair that provides resources to Hispanics to improve quality of life.

Capstone International Academic Programs Study Abroad Fair (September 2010), University of AL.

Brazos Abiertos (April 2010) Tuscaloosa, AL. Community outreach to Hispanics in a community fair that provides resources to Hispanics to improve quality of life.

Hispanic Service Provider Network (January 2010-current). Tuscaloosa, AL.

SafeZone (January 2010). University of Alabama. Safe place to go for LGBTQ (lesbians, gay, bisexual, transvestites, queer) to report discrimination or concerns to an ally (other students, staff or faculty) on campus.

Greenfield Elementary School (February 2008), Question and Answer: What is a disaster and how do I stay safe?, Philadelphia, PA

Penn in the Gulf: SP2 Feldman Initiative School of Social Policy & Practice University of Pennsylvania (January 2008), Post-Katrina Disaster Relief Efforts, Pearlinton, MS



Summer Institute for English Language Educators (SIELE) from South Africa: Host for African Scholars/Visitors to the United States (July 2007) sponsored by the Education Dept., University of PA, Sheila Mayne.

**Cuellar, N.G.** (August 2006). “*Overview of Complementary and Alternative Medicine: Future Implications to Research and Practice*”. Paper Presentation: University of PA, Proseminar Conference.

Janie Blackwell’s Christmas Dinner (December 2006) Feed the Homeless, Philadelphia Convention Center, Philadelphia, PA

**Cuellar, N.G.** (Sept 2005). “*Treatment for RLS: CAM Options*”. Paper Presentation: RLS Support Group: Greater New Castle-Kent Advocacy, Education, and Support Group, Wilmington Delaware.

**Cuellar, N.G.** (October 2005). “*Hurricane Relief & the Nursing Community*”. Paper Presentation: Family Day, University of Pennsylvania School of Nursing. INVITED SPEAKER

**Cuellar, N.G.** (July 2005). “*RLS*”. Paper Presentation: Shore Memorial Hospital, Somers Point, NJ.

**Cuellar, N.G.** (March 2005). “*New News in RLS*”. RLS Support Group: Greater New Castle-Kent Advocacy, Education, and Support Group, Wilmington Delaware

**Cuellar, N.G.** (March 2005). “*RLS: what is it?*”. Paper Presentation, Pennswood Village.

**Cuellar, N.G.** (March 2005). “*RLS and DM*”. Paper Presentation, Abington Memorial Hospital Diabetes Support Group.

**Cuellar, N.G.** (March 2005). “*RLS and DM*”. Paper Presentation, Chestnut Hill Hospital, Diabetes Support Group.

**Cuellar, N.G.** (Feb. 2005). “*RLS and DM: what’s the connection?*”. Paper Presentation, Philadelphia VA, Diabetes Support Group.

Cultural Diversity Taskforce (2005) Wissahickon School District, Ambler, PA

Red Cross (September 2005), Hurricane Katrina Disaster Relief, Lafayette LA

RLS Foundation (2004-2006), guest lectures on variety of topics in PA community

**Cuellar, N.G.** (Sept. 2004). “*Up to date with RLS*”. RLS Support Group: Greater New Castle-Kent Advocacy, Education, and Support Group, Wilmington Delaware.

**Cuellar, N.G.** (April 2004). “*RLS: myth or reality*”. Paper Presentation: Foulkeways Retirement Community, Lower Gwyndd, PA, Frank Morgan Jones Lecture Series. INVITED SPEAKER

Hispanic Health Fair (April/May 2002) Sacred Heart Catholic Church

Southern Heart Center: Heart to Heart (February 21, 2002)

Coordinator of American Diabetes Association Head to Toe Project (October 2001)

American Heart Association Heart Walk (October 2001)

American Diabetes Association: Diabetes State Wide Planning Committee (2001) Jackson, MS

Hispanic Health Fair (June 2001) Sacred Heart Catholic Church

\*Other community services attended before 2001 are available upon request.

## **CONTINUING EDUCATION**