# **Uniting and Promoting Hispanic Nurses Since 1975**

The National Association of Hispanic Nurses (NAHN) was founded in 1975 and is the only national organization representing Hispanic nurses.

Today the organization has more than 40 chapters across the United States. NAHN is actively involved in creating a culture of health in Hispanic communities and in issues that impact the profession of nursing on the local, state, regional and national levels.

Through mentorship, networking and advocacy, NAHN promotes communication and collective action for Hispanic nurses to strengthen development in a caring and healing profession.

NAHN is committed to providing equal access to educational, professional and scholarship opportunities for Hispanic nurses. As a professional organization, NAHN is dedicated to improving health and nursing care for the Hispanic consumer.

# **Types of Membership**

**General:** For nurses of any ethnic background licensed in the U.S. and its jurisdictions.

**Nursing Affiliate:** For any unlicensed health care professional who works under the direct supervision of a nursing or medical professional.

**International:** Licensed Hispanic/Latino(a) nurses not residing in the U.S. or its jurisdictions.

**Student:** Students currently enrolled in a nursing program leading to licensure.

**Emeritus:** For Hispanic/Latino(a) nurses 62 years or older who are not employed full-time in nursing.

**Corporate:** For any corporation that is interested in Hispanic/Latino(a) healthcare issues.

Affiliate: For non-nursing healthcare professionals interested in Hispanic/Latino(a) healthcare issues.

Note: General and Emeritus have voting privileges.

Visit www.NAHNnet.org to Join

# A Message from NAHN President Adrianna Nava, PhD, MPA, MSN, RN



I have always believed that NAHN nurses are at the forefront of health care leadership in the community. My vision is to make NAHN a National Leader in Hispanic Health. Together, we will ensure our members have the skills and resources to become the Future Healthcare Leaders in the United States.

Each previous NAHN president was essential to creating the structure of our organization to increase the number of Latinos entering the

nursing profession and expanding our programming to improve Latino health outcomes. In the coming years, I would also like to focus our efforts on creating a pipeline for NAHN nurses to become national health care leaders in the United States.

Historically, a Hispanic leadership gap has been identified in many sectors including health care. As Latino nurses, it is not common to see ourselves as leaders within health care organizations, boards, or even in the halls of Congress. Let us change that.

Health care leaders can take many forms, but it would also be amazing to see our members become elected members of Congress, leaders of national advocacy organizations, or even president-appointed officers in the U.S. government. I know this is not a traditional trajectory for nurses, but it is an important one. Given our current social and economic environment, it is clear to see why we need to develop NAHN national health care leaders. We are living through a brand-new world where we face the continued impact of COVID-19 and the widening gap of racial/ethnic disparities in health care. If we want to play a major role in improving Latino Health, we need to develop a pathway to national leadership positions for our members.

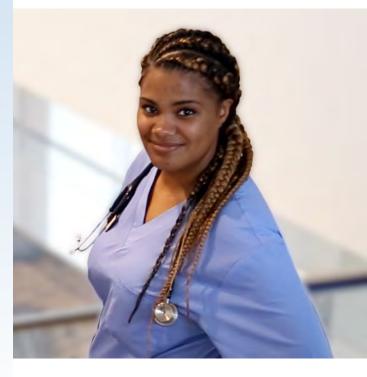
As an organization, we have an opportunity to elevate and motivate ourselves to become health care leaders who influence health policy and improve population health outcomes throughout the country- at local, state and national levels. I look forward to embarking on this journey with you!

Dr. Adrianna Nava



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# Promoting Hispanic Nurses to Improve the Health of our Communities

Descubre cómo puedes unirte a nuestra familia

www.NAHNnet.org

## NAHN's Mission is to Provide our Members with...

#### **Leadership Opportunities**

As a NAHN Member, you will have opportunities to be a leader in your chapter, in national committees, and in the community through service projects at both the local and national levels.

Contributions of our members and chapters are valued, recognized, nurtured and supported.

#### **Professional Opportunities**

As a NAHN Member you'll network with other Hispanic nurses at every level to become more effective in your practice.

Mentorship opportunities can help you advance in your personal and professional trajectory. You will also be able to mentor others to give back to the profession.

We value, provide and promote culturally competent healthcare models for professional education and evidence-based research.

#### **Educational Opportunities**

We are committed to the recruitment and retention of Hispanics into the nursing profession. NAHN collaborates with different organizations and affiliates to forge pathways into the profession of nursing helping to create a more diverse workforce.

As a NAHN Member, you will be able to learn about the latest research and shared best practices within the profession of nursing by attending our Annual Conference and the Latino Leadership Institute (LLI). As a member benefit, members receive discounted tuition to selected colleges and universities. FREE webinars are available to enhance your knowledge and skills.



# NAHN's Mission is to Advance the **Health of Hispanic Communities**

Hispanics are currently 16% of the U.S. population and will grow to 23% by 2050.1 Latinos are disproportionately affected by a number of health conditions, such as COVID-19<sup>2</sup>, asthma, heart disease, cancer, stroke, diabetes, COPD, HIV/AIDS, obesity, suicide and liver disease<sup>3</sup>

NAHN is the voice for Hispanic nurses and disparate Hispanic health concerns in our community. We are committed to equity and social justice for all Hispanic nurses and the communities they serve.

### **Membership Benefits**

When you join NAHN, you will receive National and Chapter benefits.

#### **National Benefits**

- Connect to a network of Hispanic healthcare professionals
- Early bird discount registration fees at the Annual Conference and Latino Leadership Institute (LLI)
- Professional Contact Hours offered at the Annual Conference, Latino Leadership Institute (LLI) and via **FREE** webinars
- Amplify your voice at NAHN's Day on the Hill advocating for the profession and issues that impact Hispanic communities
- Scholarship opportunities for students
- Educational, leadership, community service awards
- Enhance your career ladder by serving in leadership positions on NAHN's board and national committees
- Participate in community based projects
- Disseminate research findings and policy perspectives that impact allocation of resources locally and nationally
- Subscribe to NAHN'S quarterly peer-reviewed journal, Hispanic Health Care International (HHCI)
- · Receive member news and editorials via weekly e-blast



#### **Chapter Benefits**

While you don't have to join a Chapter to be a NAHN member, Chapter membership provides you with a close-knit community of peers often referred to as our "NAHN Familia". Benefits include:

- Opportunities to qualify for local awards and scholarships
- · A forum to discuss local community issues at Chapter meetings
- A network to share information on local activities. grassroots events, and job opportunities
- Chapter events including local conferences, leadership training and networking receptions
- Student nurse mentorship programs

#### For a current list of NAHN Chapters, click on the "Chapters" link at www.NAHNnet.org

- <sup>1</sup> The Hispanic Population: 2010, 2010 Census Briefs, Issued May 2011 and U.S. Census Bureau Population Profile of the United States
- <sup>2</sup> CDC Report: COVID-19 in Racial and Ethnic Minority Groups June 25, 2020
- 3 CDC Health Disparities and Inequalities Report- United States, 2011 and U.S. HHS Office of Minority Health, Hispanic/Latino Profile

